



# FIRST 5

TULARE COUNTY

LOCAL ANNUAL REPORT | 2019-2020



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# ANNUAL REPORT 2019-2020

## EXECUTIVE SUMMARY

First 5 Tulare County was established in 1998 when California voters passed Proposition 10 – The California Children and Families Act – which levied a 50-cent tax on each pack of cigarettes and other tobacco products sold. Revenues generated from the tobacco tax are used to fund local programs that promote early childhood development for children ages 0 to 5 in the areas of health and wellness, early childcare and education, parent education and support services, and integration of services.

I am writing to you this year during a time where we have been called to make great adjustments to our home and work lives due to the COVID-19 global pandemic. It is important to acknowledge that this is a trying time for our communities, families and children we aim to reach, and it comes with great challenges as well. I am deeply grateful to our amazing partners that have come together to ensure that our children, families and providers have been served in a timely manner and with dignity.

The COVID-19 pandemic has presented unprecedented challenges for our staff, our community partners, and the families First 5 Tulare County serves. Our 2019-2020 fiscal year was different from any previous year in our Commission's history. These last several months have been difficult, and yet I have been inspired and encouraged by the way our community has rallied to support one another. When our Governor issued stay at home orders in March, First 5 Tulare County providers quickly pivoted to supporting families virtually. Maintaining these connections and helping family's problem-solve through these most difficult times is critical for children's and caregivers' well-being.

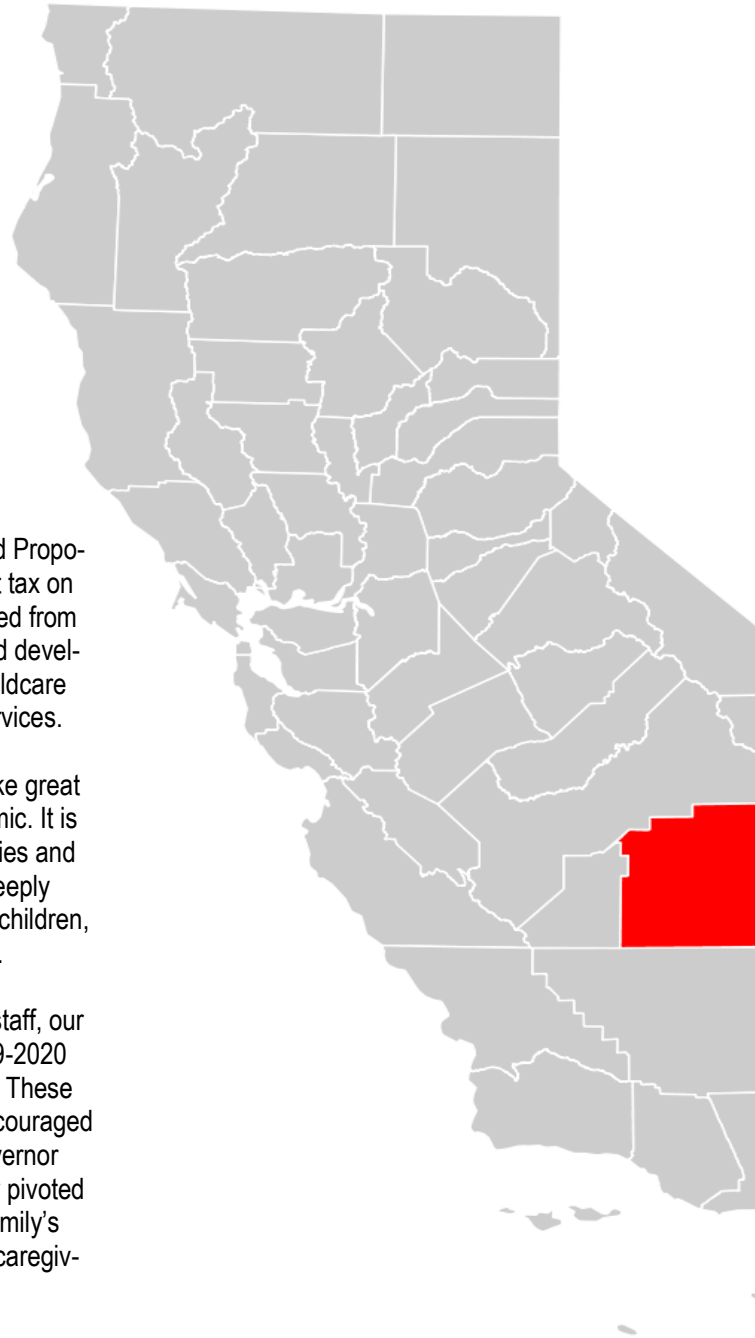
Despite the unprecedented challenges of the last year, I am proud of our collective accomplishments and the way we have worked together as a community to care for families with young children. This year, we invested over \$4.1 million in services for young children and their families and served 37,807 children, parents, caregivers and providers.

In this report, we celebrate our continued achievements of another productive year working to improve the lives of children ages zero through five and their families. Thank you to our Commissioners, First 5 Tulare County staff, and each of our community partners who have made these achievements possible.

Warmly,



Michele Eaton  
Executive Director





# 2019-2020 Tulare County 0-5 Population: 44,896\*

35% ←

**First 5 Funded Programs Served:**  
**15,442 Children\*\***  
**22,365 Parents**

In this report, we look back on 2019-2020 and see the tremendous impact that First 5 Tulare County funded services had on families served in the county.

First 5 staff continued to work with our data collection system to develop common milestones that give us the ability to take a “big picture” view.

The following are examples of services provided by our funded providers in Tulare County:

- 8,636 Home visits were conducted.
- 1,560 Families were case managed.
- The *Ages and Stages Questionnaire* (ASQ Developmental Assessment). In fiscal year 2019-2020 723 children were assessed for their communication, gross motor, fine motor, problem solving, and personal-social development. Of those children, 341(47%) demonstrated sufficient concern to warrant referrals for further evaluation.\*\*\*
- 499 Children were referred to a medical provider by First 5 providers, 90% were linked to services.
- 503 Children attended First 5 funded preschool programs.
- 4,306 Hours of professional development training was provided to First 5 funded program staff.

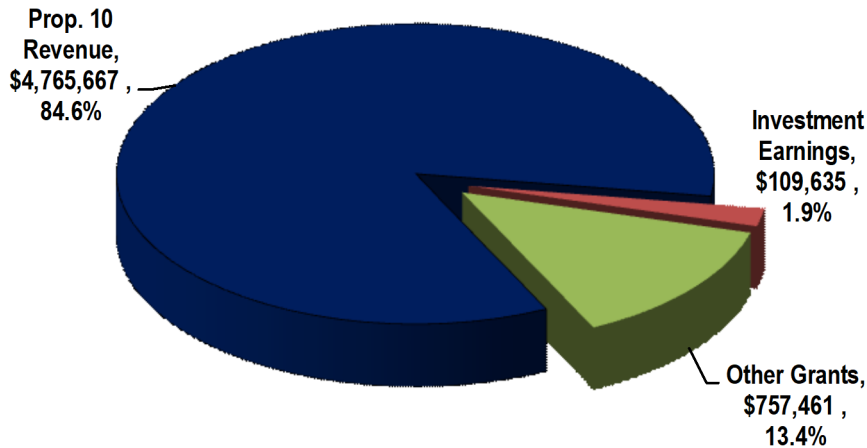
\*Kidsdata.org

\*\*Unduplicated count based on information submitted in data collection system Per-simmony. Information includes providers or other.

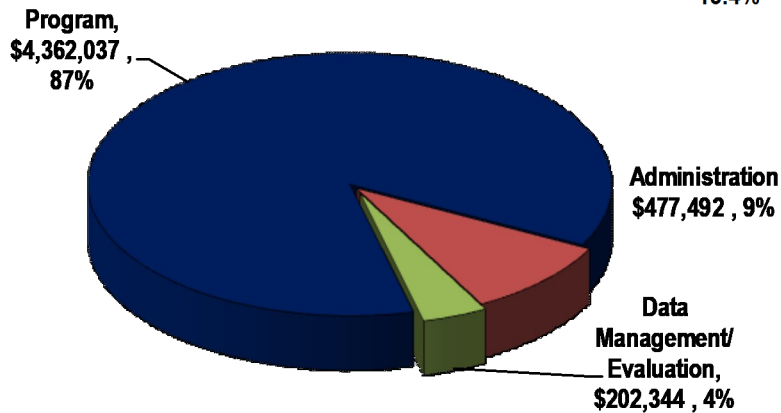
\*\*\* Based on data submitted to Barbara Aved and Associates

# Fiscal Dashboard

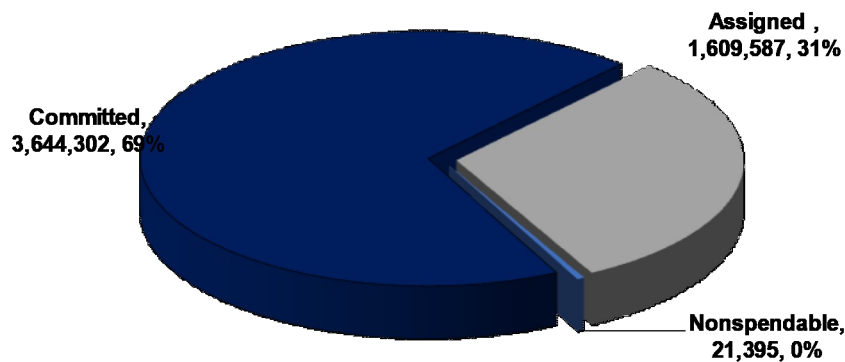
## For The Year Ending June 30, 2020



Proposition 10 Revenue is generated by a state excise tax on tobacco products and accounts for the overwhelming majority of revenue for First 5 Tulare County. Investment Earnings represent the interest earned at financial institutions.



Program Expenditures make up the large majority of total expenditures and represent amounts that directly relate to programs for children ages 0 to 5 and their families and program staff\*. Data Management/Evaluation expenditures are for collection, analysis, and reporting of data generated by the programs. Administration expenditures represent amounts that centrally support the basic mission of the Commission.



Government Accounting Standards require categorization of fund balance. Committed fund balance represents resources that are committed for executed contracts. Assigned fund balance represents the Commission's intended use of resources per the Commission's long-range financial plan, for future contracts that have not yet been executed. Non-spendable fund balance represent the elements of fund balance that cannot be spent due to their form (i.e. deposits and prepaid expenses).

\*First 5 staff that is reflected in this component of the budget does not provide a direct service.

## ***VISION***

*All children will thrive in supportive, safe, loving homes and neighborhoods and will enter school healthy and ready to learn.*

## ***MISSION***

*Support effective programs to improve the development of all Tulare County children ages zero through five, healthy pregnancies, the empowerment of families, and the strengthening of communities.*

**2019-2020:**

**Number of Funded Programs: 18**

**Number of One-Time Grants: 6**

**Number of Special Project Grants: 13**

**Leveraged Funds: \$2,065,778\***

**Investment to Children 0-5 in Tulare County: \$5,190,411**

**Total Investment: \$7,256,189**



\*Leveraged funds include Funded program match dollars and Capital project match dollars

# Healthy Children

## Family Services of Tulare County Addressing Childhood Trauma (ACT):

**Program Description:** Co-parent education and supervised visitation are provided to raise the awareness of divorcing parents about the impact of their behavior on their children, and to increase parents' capacity to provide a safe and secure environment.

**Target Number of Parents:** 200 Each year

**Total Funding 2018-2021:** \$396,804

## Family Services of Tulare County Early Childhood Mental Health (ECMH):

**Program Description:** Provides therapeutic interventions with children, psycho-educational interventions with parents, and educational activities to increase awareness of developmental stages.

**Target Number of Children:** 165 Each year

**Total Funding 2018-2021:** \$724,104

## Altura Centers for Breastfeeding:

**Program Description:** Breastfeeding program is designed to become a baby friendly clinic. By design the program will support mothers to breastfeed while enhancing the systems in the clinic to be baby friendly.

**Target Number of Mothers:** 250 Each year

**Total Funding 2018-2021:** \$194,876

## Altura Centers for Health Dental Screening:

**Program Description:** Oral health screenings for preschool and kindergarten students are conducted at 16 school sites. Those with visible decay are referred for treatment.

**Target Number of Children:** 1,500 Each year

**Total Funding 2018-2021:** \$58,858

## CASA 0-5:

**Program Description:** Volunteer advocates are recruited and trained to work with children zero through five-years-of-age in the child welfare system. Activities focus on ensuring children's health is consistently monitored, helping to see that health needs are met, and assessing for developmental delays.

**Target Number of Children:** 200 Each year

**Total Funding 2018-2021:** \$446,266

## Family Healthcare Network KinderCare Dental:

**Program Description:** The KinderCare Dental Program provides screenings and fluoride varnish at preschools, schools, First 5 Tulare County School Readiness sites, and at other agencies working with young children.

**Target Number of Children:** 7,900 Each year

**Total Funding 2018-2021:** \$423,493

## Sierra View Medical Center Breastfeeding Initiative:

**Program Description:** They became the only "Baby Friendly" hospital in Tulare County August 2016. Improving the role of maternity services to enable mothers to breastfeed, in addition to increasing their breastfeeding rates.

**Target Number of Families** 1,499 Each year

**Total Funding 2018-2021:** \$900,000



# 2019-2020 Healthy Children Total Expended: \$966,725

**First 5 Funded Programs Served:  
13,335 Parents and children served**

**Result Area as Reported to First 5 California: IMPROVED CHILD HEALTH**

**Staff  
participated in  
787 training  
hours**

**24 parent  
workshops  
offered that  
reached 396  
parents**

**1,651 home  
visits  
provided**





# Altura Centers for Health Breastfeeding Program

## Program Description

Altura Centers for Health Breastfeeding Program, is designed to provide patient support with breastfeeding. The staff main focus over the next three years is to establish policies in the clinic to ensure the clinics are "Breastfeeding Friendly."

## Service Description

A licensed lactation consultant or IBCLC is ensuring that all clinic staff is trained on the clinics breastfeeding policy. The staff is ensuring the training via an annual staff training to all staff. The IBCLC is providing patients with breastfeeding education during the patients prenatal counseling. The IBCLC is also making daily visits to Kaweah delta when a baby is born to ensure patient is informed on the importance of breastfeeding and to coordinate follow up visit to support the parents in their breastfeeding journey.

## Finances:

Total Program Funding:	\$194,876
19/20 Budget:	\$64,942
19/20 Expended:	\$54,953
% of Budget Expended:	85%
Matched:	\$18,318

*In addition to seeing patients after delivery at Kaweah Delta Hospital, our lactation specialist now helps new moms with breastfeeding at Adventist Health/Tulare Regional Medical Center. She also schedules a newborn visit follow-up appointment at our Pediatric Clinic.*

## Cost Benefit:

Personnel Costs:	\$46152
Administrative:	\$0
Program:	\$1,633
Indirect Cost:	\$7,168
Cost Per Client:	\$65*

**SERVICE BREAKS:** In-hospital visits to newly-delivered patients had to be halted.

**SERVICE ADJUSTMENTS:** Breastfeeding support was provided via video or telephone consults.

**BARRIERS:** As a solution, the staff now calls the hospital every morning and is transferred to the Altura patients in their rooms. Staff schedules a newborn visit for the infant, and provides lactation support to the new mother via telephone as needed.



\*Cost per client throughout the document is based on First 5 funds expended added to the matched amount, divided by the number of children and parents served by the program.

## Population\*:

Parents:	563
Children 0-5:	563
Total:	1,126

Objective	Milestones
<b>G1 O 3.</b> Increase the initiation and duration of breastfeeding from birth to at least six months of age.	Patients will receive breastfeeding support from the IBCLC. <b>Target Qty: 250</b> <b>563 Patients received breastfeeding support</b>
	By 2021 increase the rate of exclusive breastfeeding at newborn visit by 10% (baseline = 54%) <b>Target Qty: Year 1: 56%, Year 2: 58%, Year 3: 59.4%</b> <b>Year 1) 53% Year 2) 48%</b>
	By 2021 increase the rate of exclusive breastfeeding rate at 2 months visit by 10% (baseline = 30%) <b>Target Qty: Year 1: 31%, Year 2: 32%, Year 3: 33%</b> <b>Year 1) 36% Year 2) 52%</b>
	Description: By 2021 increase the rate of exclusive breastfeeding rate at 4 months visit by 10% (baseline = 30%) <b>Target Qty: Year 1: 31%, Year 2: 32%, Year 3: 33%</b> <b>Year 1) 35% Year 2) 60.9%</b>
	Description: By 2021 increase the rate of exclusive breastfeeding at 6 months visit by 10% (baseline = 14%) <b>Target Qty: Year1: 14.5%: , Year 2: 15%, Year 3: 15.4%</b> <b>Year 1) 21% Year2) 58%</b>
	Patients will receive breastfeeding education during CPSP prenatal counseling. <b>Target Qty:N/A 454</b>
	“Clinic Breastfeeding Policy” will be included in New Employee Orientation packet <b>Target Qty: N/A 20 Orientation Packets</b>
	Daily visits to Kaweah Delta will be made by IBCLC to schedule follow up appointments with mothers of newborns <b>Target Qty: N/A 162</b>
<b>G4 O 7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	All staff will receive ongoing education and training on topics necessary to establish and maintain the infant feeding policy <b>Target Qty: N/A 53 Hours of training</b>

\*Throughout the report unduplicated number of individuals, information pulled from Persimmony database.

\*\* Throughout the report outcomes measured established from program Evaluation Plan. Outcomes measured per the 2018-2019 Barbara Aved and Associates Evaluation Report.

# Altura Centers for Health Dental Screening Program

## Program Description

Altura Centers for Health Dental Screening, Varnish, and Education Program provided oral health assessments and fluoride varnish to preschool and kindergarten students at a minimum of 16 school sites. All students that were assessed received a toothbrush and a dental education coloring book. Parents of students requiring further treatment were notified. Referrals were made and bus tokens were provided to those with transportation needs.

## Service Description

Altura provided oral health screenings for preschool and kindergarten children in their service area. A dentist and dental assistant identified children requiring further treatment and referrals were made to Altura Dental Clinic due to the proximity to the sites served and the policy of treating regardless of ability to pay. If a child had a different dental home, information was given to the parent, and school staff followed up with the parent.

## Finances:

Total Program Funding:	\$58,858
19/20 Budget:	\$19,620
19/20 Expended:	\$18,119
% of Budget Expended:	92%
Matched:	\$6,040

*Ongoing support from First 5 Tulare and partnerships with the Tulare City School District and Head Start Child Development Centers makes this a successful project according to staff.*

## Cost Benefit:

Personnel Costs:	\$4,111
Administrative:	\$0
Program:	\$11,664
Indirect Cost:	\$2,363
Cost Per Client:	\$10

**SERVICE BREAKS:** The final two oral health screenings were not able to be completed when COVID closed the schools.

**SERVICE ADJUSTMENTS:** No service adjustments were possible to complete these screenings.

**BARRIERS:** The barrier of closed schools was not possible to overcome.



## Population:

Parents:	N/A
Children 0-5:	2,435
Total:	2,435

Objective	Milestones
<b>G1 O 2.</b> Increase the number of children receiving dental screening, referral and treatment services.	Provide oral screenings to preschool and kindergarten children at 13 school sites in Tulare City School District. Target: 1,500 <b>1,337 Children were assessed in 2019/2020</b>
	Provide oral hygiene lessons at school sites. Target: 1,500 <b>1,259 Children received fluoride varnish.</b>
	Children with visible decay during screenings will be immediately referred to a dental treatment source. Target: N/A <b>409 Children had visible decay detected during assessment.</b>
<b>G4 O 7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/training when available. Target N/A



# Court Appointed Special Advocates (CASA) 0-5 Program

## Program Description

Court Appointed Special Advocates (CASA) of Tulare County advocated for children who were victims of abuse and neglect by training community volunteers to represent the children's best interests and to be their voice in court.

## Service Description

CASA conducted a variety of activities to advocate on behalf of abused and neglected children ages 0-5. CASA ensured children were physically and emotionally healthy by providing case management/home visitation services utilizing agency staff and trained volunteers. CASA volunteers screened children for learning disabilities and developmental delays. Each volunteer advocate received 42 hours of training and eight hours of courtroom observation to become court appointed.

CASA staff provided training in the areas of mandated child abuse reporting, cultural diversity, and early childhood development to para-professionals, professionals, and other community members.

## Finances:

Total Program Funding:	\$446,266
19/20 Budget:	\$148,714
19/20 Expended:	\$144,323
% of Budget Expended:	97%
Matched:	\$47,233

*Staff reiterated how the holidays can be especially hard for children in resource care, and those who are in the care of extended family members.*

*The outreach efforts of many organizations and individuals – from Porterville and Visalia and the surrounding areas – and the multiple gifts donated demonstrated their compassion and commitment to making this*

*past Christmas better for these children.*

## Cost Benefit:

Personnel Costs:	\$138,050
Administrative:	\$0
Program:	\$6,273
Indirect Cost:	\$0
Cost Per Client:	\$438

**SERVICE BREAKS:** No services were halted or eliminated, but slowed down due to continuing adjustments in the Courts' hearing calendar, continuing cases to a future time.

**SERVICE ADJUSTMENTS:** CASA advocates made phone instead of home visits to interview care providers and conduct ASQs (or portions of them). Reports for the Court and recommendations for medical, dental and other services are submitted electronically to judges, attorneys and social workers, and phone and email are now what is used for internal meetings and to communicate with school and CWS personnel.

**BARRIERS:** Although advocates are restricted from making in-home visits, having more time at home appears to have resulted in their reaching out more to the 0-5 children to ensure the children know they are cared about.





## Population:

Parents:	349
Children 0-5:	88
Total:	437

Primary Result	Milestones
<b>G1 O 1.</b> Increase the percentage of children with access to quality preventive, primary, and specialty health care.	<p>Children will receive their age appropriate CHDP well child exam. Target: 250</p> <p><b>65 Children received their age appropriate CHDP well child exam.</b></p> <p><b>96 Children 0- 5 will receive medical follow ups</b></p>
<b>G1 O 2.</b> Increase the number of children receiving dental screening, referral and treatment services.	<p>Children 0- 5 will receive dental referrals (recommendations) Target Qty: 200 children</p> <p><b>130 Children received referrals</b></p> <p>Children 0- 5 will receive dental screening follow up</p> <p><b>131 Children received follow up/linked to service</b></p>
<b>G1 O 5.</b> Increase the percentage of children with access to early screening, identification, and services for developmental delay and mental/behavioral health issues, substance abuse, violence, and neglect.	<p>Children will be screened for developmental concerns and referred for services. Target: 250</p> <p><b>204 Children were screened for developmental assessments .</b></p> <p><b>149 Children were linked to service</b></p>
	<p>Home visits will be conducted. Target: n/a</p> <p><b>1,651 Home visits conducted.</b></p>
	<p><b>Provide advocacy service to court appointed children. Target: 200</b></p> <p><b>349 Children received advocacy services by court appointed advocates.</b></p>
	<p>Recruit and train 60 advocates. Target: 60</p> <p><b>48 CASA advocates were recruited and trained.</b></p>
<b>G4 O 7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	<p>Provider staff will participate in staff development/ trainings when available. Target: N/A</p> <p><b>Staff received 105 hours of training.</b></p>

# Family HealthCare Network KinderCare Dental Program

## Program Description

The Family HealthCare Network (FHCN) KinderCare Dental Program provided screening and varnish application to children at Head Starts, schools, and other agencies working with children ages zero through five. A referral system for those needing further care was implemented. Children were screened at FHCN clinics during well-child visits to integrate medical and oral health services. Children and parents were educated on the importance of good oral health as part of the program.

## Service Description

Oral exams and varnish treatments, if applicable, at preschool sites or schools were provided by a registered dental hygienist. Parents received exam results and recommendations for further treatment when necessary. FHCN staff and school nurses provided assistance in making future dental appointments.

## Finances:

Total Program Funding:	\$423,493
19/20 Budget:	\$141,164
19/20 Expended:	\$134,626
% of Budget Expended:	95%
Matched:	\$51,300

## Cost Benefit:

Personnel Costs:	\$103,496
Administrative:	\$34
Program:	\$31,096
Indirect Cost:	\$0
Cost Per Client:	\$33

*FHCN has prioritized this dental program at the department level by allocating adequate staff and leadership resources – reducing the negative effects of staff former changes – clearly contributing to the agency's ability to not only meet but exceed screening and treatment goals. Current community relationships and collaborations continue to be strengthened.*

**SERVICE BREAKS:** All dental assessments and fluoride varnish applications had to be halted after mid March.

**SERVICE ADJUSTMENTS:** Virtual presentations on oral health were possible in some cases via Zoom with parents, students and preschool teachers. Staff also gave away prefilled bags with information and giveaways to those attending food distributions provided by FoodLink within the county.

**BARRIERS:** Part of the barrier to in-person services was also overcome with distribution of oral health information to some families attending school lunch programs.



## Population:

Parents:	47
Children 0-5:	5,617
Total:	5,664

Primary Result	Milestones
<b>G1 O 2.</b> Increase the number of children receiving dental screening, referral and treatment services.	Each month report the number of children who receive oral health screenings. Target 7,900 <b>5,664 Children were screened for dental services.</b>
	Each month report the number of children treated at assessments with an application of fluoride varnish. Target: 5,135 <b>4,241 Children were treated with fluoride varnish.</b>
	Note the number of parents and children educated. Target:3,000 <b>2,485 Children/and or parents educated on oral health.</b>
	Note the number of sites visited in this reporting period. Target: 175 <b>145 Site visits were made to schools, HeadStarts State Preschools, and First 5 School Readiness sites.</b>
	Note the number of children with visible decay that were referred for treatment (as a result of assessment) Target: N/A <b>1,827 Children were referred for treatment.</b>
<b>G4 O7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Note the number of children with visible decay that were referred for urgent care and received treatment. Target: N/A <b>140 Children were referred for urgent care.</b>
	Provider staff will participate in staff development/ trainings when available. Target: N/A <b>1 Staff participated in 28 hours of training.</b>

# Family Services of Tulare County Addressing Childhood Trauma (ACT)

## Program Description

Addressing Childhood Trauma (ACT) was a prevention, intervention, and treatment program for children and families with a history of violence or abuse or who were experiencing high-conflict separation and divorce. Within the program, First 5 Tulare County funding was targeted to specific prevention and intervention services for young children and their parents to promote effective, appropriate parenting skills, increase parents' ability to maintain homes free from violence, and reduce emotional trauma.

## Service Description

The ACT Program consisted of three components. In Co-Parenting Education classes, a therapist facilitated groups of separating/divorcing parents focused on increased cooperation and communication, increased understanding of the adverse impacts of divorce on children, and reducing children's exposure to conflict between parents. Facilitated Supervised Visitation included a monitor present to participate in the visits between children and non-custodial parents to help parents increase skills and develop stronger family relationships. In Court-Ordered Supervised Visitation services the monitor was present to ensure no risk or harm was brought upon the child.

## Finances:

Total Program Funding:	\$396,804
19/20 Budget:	\$131,697
19/20 Expended:	\$126,951
% of Budget Expended:	96%
Matched:	\$43,899

## Cost Benefit:

Personnel Costs:	\$97,648
Administrative:	\$10,343
Program:	\$8,909
Indirect Cost:	\$10,051
Cost Per Client:	\$246

*The success that brought staff the most satisfaction this year was seeing the difference it made when the agency offered the opportunity for clients to complete missed classes by attending individual make-up sessions. The change resulted in more completions.*

**SERVICE BREAKS:** No services were suspended, only the way in which they are currently being offered has been altered.

**SERVICE ADJUSTMENTS:** Staff created Power Point presentations in English and Spanish and guided clients with tech capacity through using Zoom for the co-parenting classes.

**BARRIERS:** The main barrier has been uneven access to technology in trying to help clients obtain low-cost internet. The clients who only want to participate are not being served but are on a waiting list.



## Population:

Parents:	308
Children 0-5:	387
Total:	695

Primary Result	Milestones
<b>G. 3 O. 4.</b> Reduce the number of children who are abused and neglected and exposed to other forms of violence in their homes.	Provide parents with children ages 0-5 supervised visitation services. Target: 55 <b>16 Parents received facilitated supervised visits.</b> <b>11 Non-custodial parents received traditional supervised visits</b>
	Provide children ages 0-5 supervised visitation services. Target: 30 <b>8 Children were provided supervised visitation.</b>
<b>G. 3 O. 6</b> Increase the percentage of parents and other caregivers with skills to use effective and appropriate discipline regarding their children's behavioral issues.	Provide parents with children ages 0-5 Co-parenting classes. Target: 200 <b>275 Parents participated in Cooperative Parenting Classes.</b>
<b>G4 O7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available. Target: N/A <b>Staff participated in 410 hours staff training.</b>



# Family Services of Tulare County

## Early Childhood Mental Health

### Program Description

The Family Services Early Childhood Mental Health Program provided bilingual interventions for young children and their parents in need of mental health services at family resource centers and other community sites. Therapists also gave presentations and trainings to staff and members of the community.

### Service Description

The program provided early childhood mental health services in the communities of Cutler-Orosi, Goshen, Lindsay, Pixley, Earlimart and Woodlake. Program staff collaborated with family resource centers, schools, and Family HealthCare Network in the communities served. Training and professional development was facilitated for staff, project partners, and the community to better recognize when there is a need for therapeutic services.

*The empathy and willingness of therapy staff to set boundaries in a supportive and therapeutic way accounts for as much of client success as does the clients' own desire to become a loving, effective parent. This was the case for a father who had never bonded with his child but gained custody because of the mother's substance abuse. His emotional issues with women, due to his past experiences, created additional challenges in his interaction with the therapist. Although he participated willingly, there were often times he would struggle to express or communicate his feelings in an appropriate way. However, over the course of his work with the therapist he learned about proper boundaries and how his personal choices affected his child, enabling him to make positive lifestyle changes and gain the parenting skills and knowledge needed to bond with his son and continue to meet his social and emotional needs. The resources provided through this program make it possible for families who may otherwise never be able to receive parenting services to do so.*

## Finances:

Total Program Funding:	\$724,104
19/20 Budget:	\$245,269
19/20 Expended:	\$231,453
% of Budget Expended:	94%
Matched:	\$117,275

## Cost Benefit:

Personnel Costs:	\$190,041
Administrative:	\$11,378
Program:	\$10,395
Indirect Cost:	\$19,639
Cost Per Client:	\$2,250



**SERVICE BREAKS:** No services were suspended, only the way in which they are currently being offered has been altered.

**SERVICE ADJUSTMENTS:** Early mental health sessions are now offered with parents and children through a telehealth platform for therapists (Doxy.me). Staff also offers sessions via phone calls or Fae Time, depending on what clients have access to. Some of the therapists put together "therapy kits" for kids who need art supplies or other tools for their sessions. Some families, it was found, do not have easy access to paper, colored pencils, etc.

**BARRIERS:** The main barrier has been the lack of technology (no internet connection, no personal email) of the families or any idea of how to even utilize these things. (Some of the therapists have helped them obtain low-cost internet and walked them step by step through the process of using it.) Another barrier has been in engaging young clients for the full 50 minutes via phone calls or video sessions.

## Population:

Parents:	81
Children 0-5:	74
Total:	155

Primary Result	Milestones
<b>G1 O5. Increase the percentage of children with access to early screening, identification, and services for developmental delay and mental behavioral health issue.</b>	Services are provided weekly in locations and at times that are accessible to children and their families. Target: 6,760 <b>5,335 Clinical hours offered to parents and children.</b>
	Provide Early childhood mental health services. Unduplicated children/parents. Target: 165 <b>171 Children received early childhood mental health services.</b> <b>204 Parents received services.</b> <b>4 Mothers referred to Perinatal Wellness Program</b>
<b>G4 O7. Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.</b>	Provider staff will participate in staff development/ trainings when available. Target: N/A <b>13 hours of staff development.</b>

\*Unduplicated number of individuals, information pulled from Persimmony database.

\*\* Outcomes measured established from program Evaluation Plan. Outcomes measured per the 2016-2017 Barbara Aved and Associates Evaluation Report.

# Sierra View Medical Center Breastfeeding Initiative

## Program Description

The Sierra View Medical Center, Breastfeeding Initiative was a comprehensive effort to improve services to enable mothers to breastfeed babies for the best start in life. Service improvements were implemented consistent with the process to be accredited as a "Baby Friendly" hospital.

## Service Description

The hospital formed a breastfeeding task force and educated members regarding lactation services and supports. Presentations were provided at community events to heighten awareness and emphasize the importance of breastfeeding. In-services were provided to physician office staff members. The contents of the maternity services gift pack were reviewed to eliminate baby formula and include information on the benefits of breastfeeding. Provided breastfeeding education and support to all moms at delivery and prior to discharge.

## Finances:

Total Program Funding:	\$900,000
19/20 Budget:	\$300,000
19/20 Expended:	\$ 256,300
% of Budget Expended:	85%
Matched:	\$100,129

*Greater collaboration with physician providers and re-launched education for nurses and physicians are among the strategies that have accounted for SVMC's success this year. Additionally, the Center implemented an innovative provider reward system—recognizing nurses who consistently followed the steps developed in the algorithm/guide for establishing exclusive breastfeeding, and for physicians in the outpatient clinic who could encourage at least 10 mothers to attend breastfeeding classes. The challenge of unsupportive workplace policies continued to be cited as one of the top reasons for discouraging women who return to work after giving birth to continue exclusive or any breastfeeding.*

## Cost Benefit:

Personnel Costs:	\$219,751
Administrative:	\$916
Program:	\$35,633
Indirect Cost:	\$0
Cost Per Client :	\$126

**SERVICE BREAKS:** Breastfeeding classes and outpatient consultation have been suspended.

**SERVICE ADJUSTMENTS:** Staff continues to try to work with clients via phone calls for consultation and follow-ups. They offered Zoom but parents declined. Instead, WEBEX is used and accepted by the new mothers for support group. Because the Global Latch-On (a community support for breastfeeding) event was cancelled this year due to COVID, SVMC had to cancel its Latch-On event as well.

**BARRIERS:** The main barrier was the limited ability to provide breastfeeding support services through the usual in-person contact with clients.



## Population:

Parents:	1,405
Children 0-5:	1,418
Total:	2,823

Primary Result	Milestones
<b>G1 O 3.</b> Increase the initiation and duration of breastfeeding from birth to at least six months of age	Number of live births in the hospital. Target: N/A <b>1,499 Live births in the hospital.</b>
	Provide expert lactation assistance, support and/or education to every mother within the Maternal Child Health Department . Target: N/a <b>98% (n=1,466) Each month report the number of unduplicated mothers who received lactation assistance, support and or education.</b>
	Provide prenatal breastfeeding education classes each month. Target: 180 <b>24 Breastfeeding classes.</b> <b>121 Mothers attended Breastfeeding classes</b>
	Provide postnatal lactation assistance, support, and education. Target: 300 <b>241 Postnatal lactation assistance</b>
	Breastfeeding support and education groups will be offered to mothers twice per month. Target: 120 <b>149 Expectant parents participated in the breastfeeding education.</b>
	Provide lactation education and support in outpatient settings. Note number of sites. Target: N/A <b>17 Outreach opportunities</b>
	Provide a follow-up call at 3 months of discharge. Target: 800 <b>453 Follow up call were conducted at 3 months discharge.</b>
	Provide a follow-up call at 6 months of discharge. <b>515 Follow up call were conducted at 6 months discharge.</b>
<b>G4 O7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available .Target: N/A <b>178 Hours of staff development.</b>

# Ready for School

## Traver Joint Elementary School Readiness:

**Program Description:** A preschool program is provided for three and four year-olds within the school district.

**Target Number of Children:** 45 Each year

**Total Funding 2018-2021:** \$274,421

## Visalia Unified Ivanhoe First 5 School Readiness:

**Program Description:** Preschool classes for three and four year-olds are provided as well as home visits to mothers and infants in the community.

**Target Number of Families:** 48 Each year

**Total Funding 2018-2021** \$377,603

## Tulare City Schools Comprehensive School Readiness:

**Program Description:** Four components are provided: two preschool classes for children three to five-years-of age with special need; four after school preschool classes are offered for typically developing children; and monthly staff development training and weekly coaching from an Occupational Therapist.

**Target Number of Children:** 320 Each year

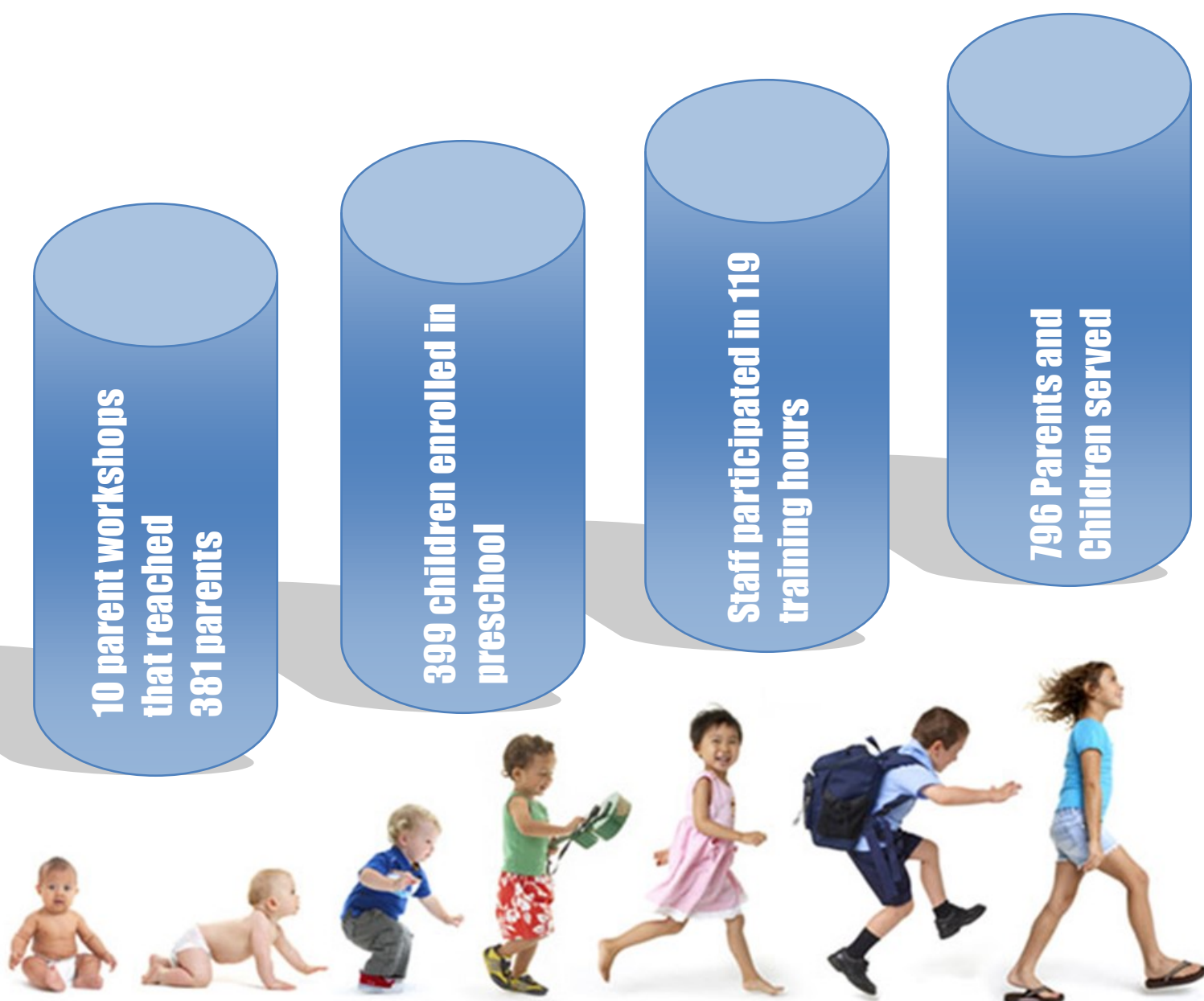
**Total Funding 2018-2021:** \$900,000



# 2019-2020 Ready for School Total Expended: \$506,016

**First 5 Funded Programs Served:  
896 Parents and children served**

**Result Area as Reported to First 5 California: IMPROVED CHILD DEVELOPMENT**





# Traver School Readiness

## Program Description

Traver Joint Union Elementary School District provided a preschool program for three and four year-olds within the district. Classroom instruction took place on the Traver Elementary School campus and ran for 35 weeks, beginning in September and concluding early June. The program implemented the National Education Goals Panel guidelines for school readiness and ensured that all goals and standards were addressed in their curriculum planning.

## Service Description

Preschool classes were provided four times a week. The four year-old class began at 8:00 a.m. and concluded at 11:30 a.m. The three year-old class met from 11:30 a.m. to 2:00 p.m. The program required all parents to participate in the Early Family Literacy Reading Program and read to their child 10 minutes per day, five days a week.

*Staff reports the personal attention and natural ability to encourage and nurture by the new preschool teacher—who has personally taken some young mothers under her wing—has taken the program “to a whole new level.” The students have never been challenged academically as they were this year by the creativity this teacher has brought to the program and the continued support and collaboration of the whole teaching team. The students have clearly responded, becoming more engaged and even pretending, as the child referenced above did, to be a preschool teacher themselves.*

## Finances:

Total Program Funding:	\$274,421
19/20 Budget:	\$91,710
19/20 Expended:	\$80,415
% of Budget Expended:	88%
Matched:	\$26,805

## Cost Benefit:

Personnel Costs:	\$68,097
Administrative:	\$4,926
Program:	\$7,392
Indirect Cost:	\$0
Cost Per Client :	\$1,758



**SERVICE BREAKS:** The school went to distance learning on March 17. They decided not to conduct their summer program.

**SERVICE ADJUSTMENTS:** The teacher created a YouTube channel so that all of the children could watch/listen to her read weekly. For families with internet, the program offered weekly Zoom calls—which ended up becoming a big part of the service approach—to check on children and talk with parents. Additionally, a weekly packet of books was sent home at the start of each week. Because of unfamiliarity and limited access to technology, the school opened up its Wifi network and parents were able to utilize it from the parking lot and throughout the campus. As a result, Wifi hotspots were placed throughout the community—with 28 currently within Traver now.

**BARRIERS:** The main barrier has been uneven access to technology and families’ initial unfamiliarity with using it.

## Population:

Parents:	3
Children 0-5:	58
Total:	61

Primary Result	Milestones
<b>G1 01.</b> Increase the percentage of children with access to quality preventative, primary, and specialty health care.  <b>G2 02.</b> Increase the percentage of parents who support learning in their homes by actively engaging in early development activities with their children including reading to their children.	Report children you enrolled in health insurance programs <b>0 Children enrolled that did not have health insurance</b> <b>0 Children referred to medical/ mental health provider</b> <b>0 Children linked to medical/mental health provider</b> <b>20 Children referred to well-child exam</b> <b>3 children linked to well-child exam</b>
	Provide parents a 36-week Early Family Literacy Reading Program. Each month report number of minutes. Target: 32,400 minutes <b>43,620 Minutes parents reported reading to their child.</b>  Provide monthly classes for parents of 1 and 2 year old children to develop parenting skills regarding reading and play, and development of fine and gross motor skills. Target: 15 classes per year and Target: 15 parents <b>10 classes to 19 Parents participated in Early Family Literacy Reading Program.</b>
	Provide on site regular session preschool program for 3 and 4 year olds. Target:45 <b>36 Children participated in regular session preschool program.</b>
	Provide on-site summer preschool program 4 year olds. Target: 20 per year <b>0 Children participated in summer preschool program.</b>
<b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available. Target :NA <b>Teachers received 26 hours of staff development</b>

# Tulare City School District Comprehensive School Readiness Program

## Program Description

The Tulare City School District Comprehensive School Readiness Program had four components: two special services preschool classes for young children with special needs, one class for typically developing children, four “after-school” preschools from 3 p.m. to 5 p.m. two days per week for 20 students, and staff development training by an Occupational Therapist on the implementation of *Handwriting Without Tears* curriculum.

## Service Description

Students screened and identified with special needs were enrolled in special services preschool classes and placed on Response to Intervention or Individual Education Plans. Students received an array of services including access to an Occupational Therapist, Psychologist, Social Worker, and Speech Therapist.

The “after-school” preschool was for underserved students to better prepare them for kindergarten the following school year. Students at Maple Preschool were provided a positive, structured preschool experience. Teachers received monthly staff training and weekly coaching by the Occupation Therapist.

## Finances:

<b>Total Program Funding:</b>	<b>\$900,000</b>
<b>19/20 Budget:</b>	<b>\$300,000</b>
<b>19/20 Expended:</b>	<b>\$300,000</b>
<b>% of Budget Expended:</b>	<b>100%</b>
<b>Matched:</b>	<b>\$500,893</b>

## Cost Benefit:

<b>Personnel Costs:</b>	<b>\$298,369</b>
<b>Administrative:</b>	<b>\$0</b>
<b>Program:</b>	<b>\$1,631</b>
<b>Indirect Cost:</b>	<b>\$0</b>
<b>Cost Per Client:</b>	<b>\$1,263</b>



*A more efficient registration process and ongoing monitoring of open preschool slots with the help of a newly improved database has resulted in fewer spots going unfilled this year. Promotion of the program has also meant greater enrollment numbers with more parents wanting preschool experience for their children. Getting the children enrolled earlier in the school year “knowing where the spaces are and filling them quickly” has allowed more students to be served for a longer period of time prior to entering TK/Kindergarten. The efficiency has also allowed for transition spots “gaps that weren’t evident before” to be used for students with special needs.*

**SERVICE BREAKS:** There were no breaks in services, but alterations in how services and training were provided to students, families and staff.

**SERVICE ADJUSTMENTS:** Weekly staff and training meetings were held by Zoom; logs were kept and shared of the online professional development staff was doing on their own; through Class Dojo teachers sent videos to parents of themselves reading stories, pictures, and activities and made twice weekly calls to each family (Facetime sessions were used as needed, especially with IEP students/families). Learning packets (in the child’s native language) were delivered for pick-up to each child’s preschool at designated distribution times. Coaching sessions were offered to individual parents by the teacher on how to implement curricula materials; parents who identified needs were assisted by staff to help get what they needed. Additionally, meals were provided at every elementary school site as well as at bus route stops.

**BARRIERS:** The main concern, despite the efforts TCSD made to continue serving students and families, is the unavoidable impact of the circumstances on the children’s inability to develop the social-emotional skills needed to develop during early childhood, something that will be a primary focus going into the 20/21 school year.

## Population:

Parents:	318
Children 0-5:	316
Total:	635

Primary Result	Milestones
<b>G2 O2.</b> Increase the percentage of parents who support learning in their homes by actively engaging in early development activities with their children including reading to their children.	Provide 1 special needs preschool class at Lincoln (M,T, TH, F) and an afternoon class for 3-5 year olds. Parents were offered trainings and workshops. Target: 16 <b>14 Students participated in special needs preschool class.</b>
	Provide 8 three-year-old preschool classrooms. Three classrooms will run (Mon/Wed) Roosevelt, Maple, Kohn and three will run (T/Th) Roosevelt, Maple and Kohn and two classrooms will operate (Mon/Wed) Kohn and Maple. Target 160 <b>164 Children participated in preschool.</b> <b>21 Children participated in T3 Preschool Program (that turn 3 after Dec 3)</b> <b>318 Parents participated in parenting class.</b>
	Provide 1 preschool class at Alpine Vista school Monday-Friday 8:30-11:30 a.m.). Target: 20 <b>21 Children participated in preschool class at Alpine Vista school.</b>
	Operate 5 four year old preschools classrooms, four classrooms will run (T/Th) at Roosevelt, Maple, Kohn, Mission Valley) <b>96 "Four year old" children participated in preschool.</b>
<b>G4 O7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available. Target: N/A <b>Staff completed 73 trainings/workshops for a total of 790 hours of staff development.</b>

# Visalia Unified School District Ivanhoe School Readiness

## Program Description

Visalia Unified School District's Ivanhoe Elementary School continued the community developed school readiness program previously funded in collaboration with First 5 California. The program served families in the Ivanhoe area that had a new baby born; families with children zero up to age three; and preschoolers aged three and four. Parents were encouraged to participate in their children's learning as well.

## Service Description

Home visits were provided to all families with a newborn child. On-going visits continued up to each child's third birthday at which time they were enrolled in preschool at the school site. Home visits included: early literacy, activities to enrich cognitive development, a developmental assessment, and assistance in addressing issues/removing obstacles specific to school readiness. Preschool classes were provided five days per week for all three and four-year-olds.

## Finances:

<b>Total Program Funding:</b>	<b>\$377,603</b>
<b>19/20 Budget:</b>	<b>\$125,883</b>
<b>19/20 Expended:</b>	<b>\$125,601</b>
<b>% of Budget Expended:</b>	<b>100%</b>
<b>Matched:</b>	<b>\$58,634</b>

*Implementing the Ready Rosie teacher-led parenting classes has facilitated the personal connection between classroom staff and parents. The multi-focused program, designed to enhance the school/home connection, began by focusing on social-emotional and self-management strategies—areas the First 5 Parent Survey confirm are of high concerns to parents—to help children get ready for kindergarten. One of the components of the program parent also find helpful are the “modeled moment” videos staff send out each week by text; showing fun ways to read to a child and how to count using items in the kitchen, for instance. Even the children look forward to receiving the videos and participating in the activities, as the above quote so aptly attests.*

## Cost Benefit:

<b>Personnel Costs:</b>	<b>\$111,979</b>
<b>Administrative:</b>	<b>\$0</b>
<b>Program:</b>	<b>\$7,856</b>
<b>Indirect Cost:</b>	<b>\$5,766</b>
<b>Cost Per Client:</b>	<b>\$917</b>



**SERVICE BREAKS:** Home-based and classroom learning was halted.

**SERVICE ADJUSTMENTS:** Prior to the shut-down, learning packets were distributed; at-home learning kits (pencils, scissors, watercolor set, paper, flashcards, reading readiness books) were purchased and mailed; Classroom teacher reached out via phone 2 x/week to discuss family needs, concerns and developmental activities. Learning and parent engagement/modeling videos (stories being read aloud through Learning-Genie) were also sent. K-8 children were given chrome books. If parents did not have access, they were able to use VUSD-issued devices. ZOOM transition meetings for students going to TK or K with the new receiving staff. Transition meetings were held for students with an IEP or specific structures (behavior plans) in place to support positive behaviors in class.

To complete DRDP and ASQ post assessments, teacher and home-base liaison held phone calls with parents.

**BARRIERS:** A lack of internet access/devices for preK families, but the solution was to encourage families to use district issued device and hot spots

## Population:

Parents:	111
Children 0-5:	90
Total:	201

Primary Result	Milestones
<b>G2 O,2.</b> Increase the percentage of parents who support learning in their homes by actively engaging in early development activities with their children including reading to their children.	Provide vision screenings . Target: 40 <b>8 Children had a vision screening.</b> <b>0 Children were linked for vision services.</b>
	Ensure linkage to hearing screening. Target: 40 <b>0 Children were screened for hearing.</b> <b>0 Child was identified as needing hearing services and linkage was pending at the end of the year.</b>
	Conduct first contact home visit to every home where a new child is born. Target: 35 <b>16 Home visits were made to a home where a new child was born.</b>
	Conduct home visits and develop a Family Learning Plan (target 4 year olds). Target: 78 <b>74 Family Learning Plans were completed.</b>
	Conduct home visits and develop a Family Learning Plan (target 3 year olds). Target: 16 <b>47 Family Learning Plans were completed.</b>
	Provide preschool classes to 3 and 4 year old children. Target: 48 <b>47, 3 and 4 year olds participated in the preschool program.</b>
	Conduct comprehensive kindergarten transition program for students entering kindergarten. Target: 24 <b>24 Students received comprehensive kindergarten transition experience.</b> <b>10 Children were referred for comprehensive developmental delay services</b> <b>4 children were linked to comprehensive developmental delay services</b>
	Conduct parenting classes. Target: 50 <b>44 Parents participated in parenting classes.</b>
<b>G4 O7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available. Target: N/A <b>Staff participated in 303 hours of staff training opportunities.</b>



# Strong Families

## **CASA Family Connections:**

**Program Description:** The program provides permanency planning by connecting children with as many appropriate family members, relatives and non-relatives as possible.

**Target Number of Children:** 35 per year

**Total Funding 2018-2021 :** \$253,796

## **Cutler-Orosi Family Resource Center:**

**Program Description:** The Family Resource Center for Cutler-Orosi provides family support services and referrals to specialty services, case management, developmental screenings, family literacy activities for parents and children, transportation services, and parent education classes.

**Target Number of Families:** 100 Each year

**Total Funding 2018-2021:** \$855,368

## **Lindsay Unified School District Family Resource Center:**

**Program Description:** The Lindsay Family Resource Center provides basic family support services, case management, insurance application assistance, home visiting, and parent education.

**Target Number of Families:** 250 Each year

**Total Funding 2018-2021:** \$675,025

## **Parenting Network Porterville Family Resource Center:**

**Program Description:** This program provides information and referral, counseling, case management, family support, basic emergency services, and advocacy. Families of children with disabilities and special needs are also served.

**Target Number of Families:** 250 Each year

**Total Funding 2018-2021:** \$696,751

## **Save the Children Early Steps to School Success:**

**Program Description:** Program activities included early childhood education services, education services for parents, home-school connections, and ongoing staff training provided through home visitation for community childhood educators.

**Target Number of Women and Children:** 330 Each year

**Total Funding 2018-2021:** \$900,000

## **Tulare County Sherriff's Gang Awareness Parenting Program:**

**Program Description:** The project educates incarcerated parents and their significant others involved in gangs or living in a gang environment to the consequences of exposure to violence to the health and development of their children.

**Target Number of Inmates:** 80 Each year

**Target Number of Outmates:** 48 Each Year

**Total Funding 2018-2021:** \$418,500

## **United Way 2-1-1:**

**Program Description:** 2-1-1 Tulare County is a free, confidential, 24/7 information and referral service available in multiple languages. The service is also available on the internet and via mobile application. The three-digit calling number connects community members with valuable resources such as mental health, housing, utility assistance, food, and clothing.

**Target Number of Callers:** 10,000 Each year

**Total Funding 2018-2021:** \$360,785

## **Parenting Network Visalia Family Resource Center:**

**Program Description:** This program provides information and referral, counseling, case management, family support, basic emergency services, and advocacy. Families of children with disabilities and special needs are also served.

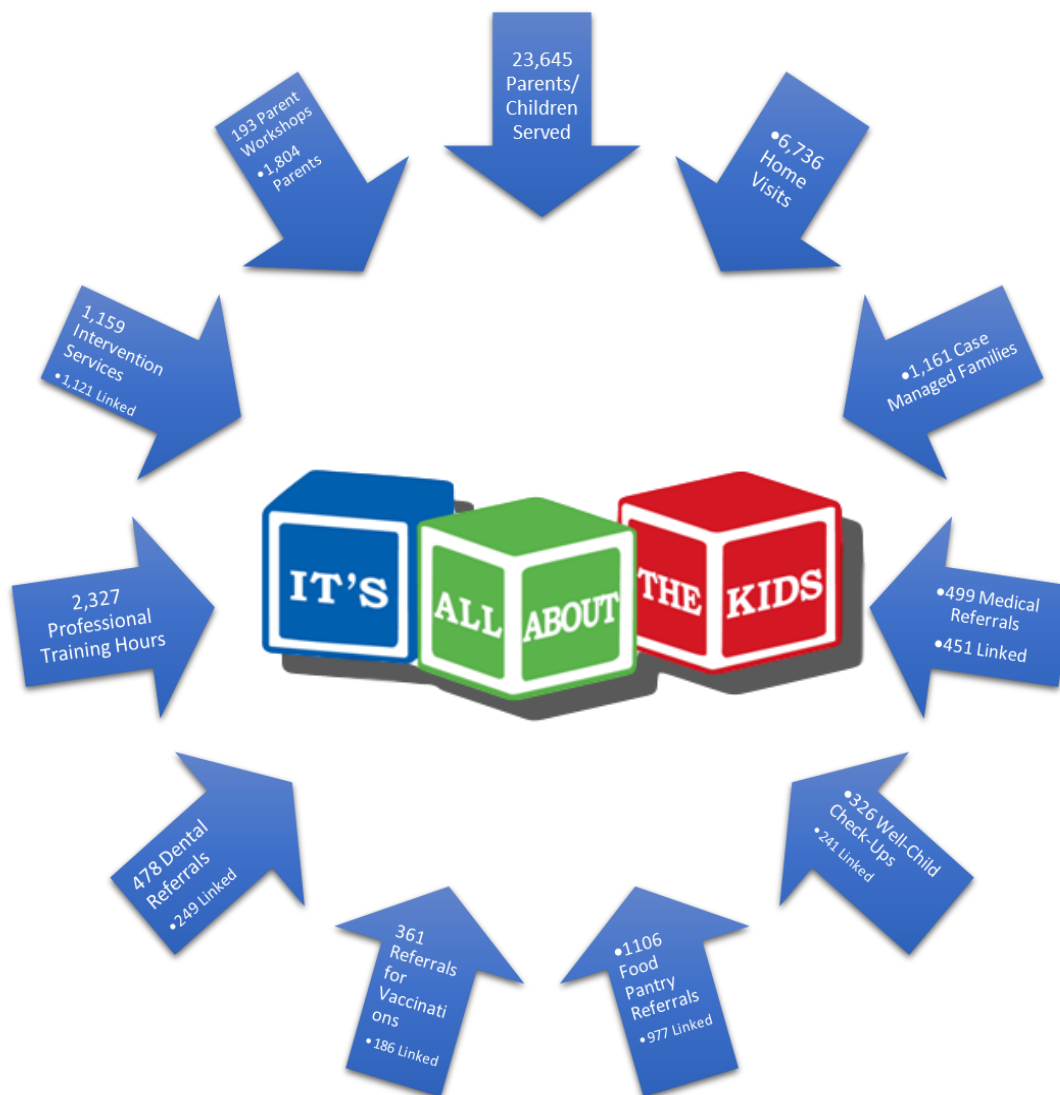
**Target Number of Families:** 250 Each year

**Total Funding 2018-2021:** \$894,259

# 2019-2020 Strong Families Total Expended: \$ 1,907,675

**First 5 Funded Programs Served:  
23,730 Parents and children served**

**Result Area as Reported to First 5 California: IMPROVED FAMILY FUNCTIONING**



# Court Appointed Special Advocates (CASA) Family Connections

## Program Description

Court Appointed Special Advocates (CASA) of Tulare County advocated for children who were victims of abuse and neglect by training community volunteers to represent the children's best interests and to be their voice in court. The CASA Family Connections Program was created to identify and engage family members in the lives of children in the foster care system. The program focuses on children who have few or no relationships with their extended family members.

## Service Description

There is compelling evidence that children who have connections to their family have improved behavior, improved school performance, healthier relationships, and more hopefulness in their lives. The program provided permanency by connecting these children with as many appropriate family members, relative and non-relative, as possible.

*Case managed sibling set had started contact with paternal aunt. Although the contact was twice a month the children adapted quickly and looked forward to seeing their aunt. Two months after re-connection COVID-19 happened and the stay home order interrupted those visits. The paternal aunt was determined to offer support. She started by mailing greeting cards. The greeting cards continued after being able to connect via phone. The family has continued to maintain communication during the lockdowns and look forward to the day they can be reunited again.*

## Finances:

Total Program Funding:	\$253,796
19/20 Budget:	\$84,538
19/20 Expended:	\$83,651
% of Budget Expended:	99%
Matched:	\$82,109

## Cost Benefit:

Personnel Costs:	\$72,115
Administrative:	\$1,718
Program:	\$9,818
Indirect Cost:	\$0
Cost Per Client :	\$1,076

**SERVICE BREAKS:** No services were halted or eliminated, but slowed down due to continuing adjustments in the Courts' hearing calendar, continuing cases to a future time.

**SERVICE ADJUSTMENTS:** CASA advocates made phone instead of home visits.

**BARRIERS:** For prospective family/contacts that we have not yet met, this is going to be a challenge as trust is easier achieved through in-person communication but we are hopeful that they will understand the precaution given the circumstances.



## Population:

Parents:	10
Children 0-5:	144
Total:	154

Primary Result	Milestones
<p><b>G3 02,3,4.</b></p> <p>2: Increases the percentage of families that have access to information about services and are provided linkages to jobs, training programs, parent education, child care, substance abuse, and other resources that promote stability.</p> <p>3. Provide families with targeted intensive and/ or clinical family support services, including home visiting.</p> <p>4. Reduce the number of children who are abused and neglected, and exposed to other forms of violence in their homes.</p>	<p>Children ages 0-5 will be referred to the FC program. Target: 100</p> <p><b>148 Children referred and screened for the program.</b></p> <p>Children ages 0 – 5 will be served by the FC program. Target: 35</p> <p><b>25 Children were served by the program.</b></p> <p><b>233 Home visits were conducted</b></p> <p>Children ages 0 – 5 will benefit from on-going family connections. Target: N/a</p> <p><b>31 Children maintained a family connection after 6 months.</b> <i>(some recordings are from previous year roll over follow up)</i></p>
<p><b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.</p>	<p>Provider staff will participate in staff development/training when available.</p> <p><b>73 Hours of staff development was completed by staff.</b></p>

# Cutler-Orosi Family Resource Center

## Program Description

The Family Resource Center for Cutler-Orosi provided family support services and referrals to specialty services, case management, developmental screenings, family literacy activities for parents and children, transportation services, and parent education classes.

## Service Description

Parents and teens took classes focused on health, child development, nutrition, and children's social emotional well-being. Project staff developed curricula on health and safety-related topics in response to parents' requests for information. Parents learned to actively engage with their children using books, games, and manipulatives. The evidenced-based curriculum *Let's Read Together* was also used. Full case management services were available including resource and referral support, developmental and health screenings, and follow-up referrals.

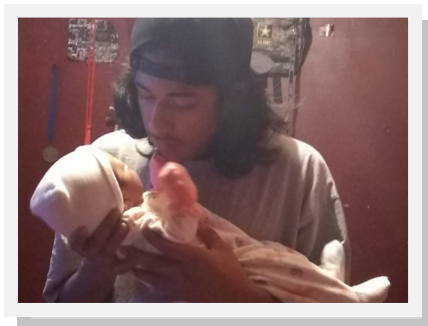
*This year, the FRC had the unique opportunity of serving a very young father: a 15-year old walk-in who acknowledged, "I need classes to show me how to be a father," after learning his girlfriend was pregnant. Receiving services was especially important to this young man as he had no father to serve as a role model in his own life. The FRC case manager provided parenting classes, facilitated ongoing teen parent groups, and provided linkage to alcohol/drug counseling. With intensive and ongoing support by staff, he maintained his sobriety, consistently attending counseling and support groups and played a noticeably active role in caring for his daughter—reading, talking and singing to her. Staff acknowledges the challenges in serving this and similar teens who need continuous encouragement and support to overcome their struggles—finding transportation, maintaining sobriety, staying in school, attending parenting classes—and affirm the essential role centers such as this FRC play in clients' success*

## Finances:

Total Program Funding:	\$855,368
19/20 Budget:	\$283,037
19/20 Expended:	\$276,660
% of Budget Expended:	98%
Matched:	\$92,683

## Cost Benefit:

Personnel Costs:	\$243,074
Administrative:	\$3,761
Program:	\$18,039
Indirect Cost:	\$11,786
Cost Per Client:	\$265



**SERVICE BREAKS:** All in-person activities had to be discontinued, including families' abilities to receive services in person from the various resources the grantee typically referred to.

**SERVICE ADJUSTMENTS:** Staff did their best to provide support, parenting classes, nutrition classes and case management services remotely via phone and, when families had tech capacity, through Zoom. Staff also created home activity packets for parents and children to support parent-child interaction and continued learning. They also tried to identify funding to help address basic needs and give families the ability to purchase Tablets to be able to access services remotely.

**BARRIERS:** The main barrier was the limited ability of families to participate because of the lack of technology in their homes and the unfamiliarity many parents had with the apps and technology itself. Due to the rural nature of the community, many families simply could not connect to the internet despite the grantee's efforts.

## Population:

Parents:	685
Children 0-5:	710
Total:	1,395

Primary Result	Milestones
<b>G3 01,2,3,4,6.</b>  1. Increase the percentage of children whose families have adequate food in their homes and are food secure.  2: Increases the percentage of families that have access to information about services and are provided linkages to jobs, training programs, parent education, child care, substance abuse, and other resources that promote stability.  3. Provide families with targeted intensive and/ or clinical family support services, including home visiting.  4. Reduce the number of children who are abused and neglected, and exposed to other forms of violence in their homes.  6. Increase the percentage of parents and other caregivers with	Ensure linkage to a medical home . Target: 75  <b>106 Children referred to a medical home.</b> <b>102 Children were linked to medical home.</b>
	Home visits will be conducted . Target: N/A <b>479 Home visits conducted.</b>
	Ensure linkage to a dental home Target: 75  <b>78 Children referred to a dental home. 85%(n=66) Linked children to dental home.</b>
	Conduct developmental assessments on children using the Denver Developmental Profile. Target: 75  <b>12 Children assessed via the Denver. 9 Children were linked to services</b> <b>18 Linked children with developmental concern to services</b>
	10 months of early childhood education activities for children ages 0-3 daily . Target: 21  <b>25 Children participated in early education activities.</b>
	Provide case management /home visitation to families Target: 100 : <b>119 Families received case management services.</b>  Provide Domestic Violence therapy and support to identified victims. Target: 40  <b>33 Clients participated in domestic violence classes.</b>
	Provide parent education classes. Target: 84  <b>73 Parents participated in parent education classes.</b> <b>23 Parents completed Parenting Wisely</b> <b>17 Parents completed Safecare</b> <b>17 Completed SEA</b> <b>16 My Plate</b>
<b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical	Provider staff will participate in staff development/ trainings when available. Target: N/A  <b>Staff participated in 51 hours of staff development.</b>



# Lindsay Unified School District

## Lindsay Family Resource Center

### Program Description

The Lindsay Healthy Start First Steps program operated as the family resource center in the community of Lindsay. The focus was to provide support relevant to the needs of families with children zero through five that would lead to healthier, happier, and more productive lives. The major components of the program were comprehensive case management and specialized health related case management.

### Service Description

Lindsay First Steps offered a variety of services to promote mental health, education, and awareness of community resources for children and families. Families received needs-based assessments which were used to create family service plans. Case managers then linked families to services based on their plans. Many families participated in a variety of parent education courses.

*One of the unexpected measures of success in this year's Abriendo Puertas (AP) program—the most heavily attended since the program was implemented—was the number of parents who not only completed all of the sessions but decided to continue attending regardless of the duplication of topics discussed earlier. Although a little challenging to staff for having to maintain engagement with the repeated topics and activities, the value to parents became apparent—in one case, as an out, a place they felt safe; in another, the boost they needed for following through with a referral. The gap in local mental health services and support groups for adults continues to be a challenge in Tulare County, with programs like AP helping to fill the gap.*

## Finances:

Total Program Funding:	\$675,025
19/20 Budget:	\$225,000
19/20 Expended:	\$225,000
% of Budget Expended:	100%
Matched:	\$137,734

## Cost Benefit:

Personnel Costs:	\$199,052
Administrative:	\$3,798
Program:	\$12,399
Indirect Cost:	\$9,751
Cost Per Client:	\$528



**SERVICE BREAKS:** Face- to-face in-home visitation was the only service that had to stop. All other services were modified with use of technology.

**SERVICE ADJUSTMENTS:** In Lindsay, there is community wifi that allows all families access to the internet. Children had a device already provided to them via their learning community. Case management, parenting curriculums and any groups were moved to FaceTime, Zoom, and WhatsApp; staff worked with clients over the phone and or via video; Fresno State interns helped. Care packages (coloring books, street chalk, sensory toys, books, canned goods, food staples) were provided to parents for ongoing engagement support and as incentives for completing parenting programs. Package drop-offs gave opportunity to make contact with some families “red-flagged” as concern due to history of abuse/neglect. For other needed items that were not in stock, staff arranged with a local grocer for parents to be able to get diapers, formula and wipes using a voucher system.

**BARRIERS:** Parents were slow to send signed or completed documents (possibly due to lack of printing/scanning machines); case management was limited to minimal linkages as not all resources were available (e.g., transportation to medical appointments).

## Population:

Parents:	278
Children 0-5:	409
Total:	687

Primary Result	Milestones
<b>G3 01,2,3,4,5,6.</b>  1. Increase the percentage of children whose families have adequate food in their homes and are food secure.  2: Increases the percentage of families that have access to information about services and are provided linkages to jobs, training programs, parent education, child care, substance abuse, and other resources that promote stability.  3. Provide families with targeted intensive and/ or clinical family support services, including home visiting.  4. Reduce the number of children who are abused and neglected, and exposed to other forms of violence in their homes.  6. Increase the percentage of parents and other caregivers with skills to use effective and appropriate discipline regarding their children's behavioral issues.	Ensure linkage to a medical provider . Target: 140  <b>111 Children were referred to a medical provider.</b>  <b>73 children were linked to medical provider.</b>
	Ensure linkage to a dental provider Target: 50  <b>80 Children were referred to a dental provider.</b>  <b>39 Children were linked to a dental provider.</b>
	Provide case management /home visitation to families Target: 140  <b>138 Families received case management services.</b>  <b>79 Children were referred to preschool Target: 50</b>  <b>55 Children were linked to preschool</b>  <b>111 Children were screened via the ASQ</b>
	Home visits will be conducted. Target N/A  <b>575 Home visits were conducted in 2019-2020</b>
	Provide parent education classes. Target: 100  <b>91 Parents participated in parent education classes.</b>
	Provide number of parents that <u>complete</u> parent education classes. Target: 60  <b>38 Parents completed the parent education classes.</b>
	Parents will participate and <u>complete</u> the Abriendo Puertas / Opening Doors curriculum or Parenting Wisely.  <b>34 Parents participated in Abriendo Puertas curriculum.</b>  <b>19 Parents participated in Parenting Wisely</b>  <b>39 Parents referred to Parent Child Interaction Therapy (PCIT)</b>  <b>18 Parents were linked to PCIT</b>  <b>11 SafeCare</b>
<b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments	Provider staff will participate in staff development/ trainings when available. Target: N/A  <b>596 Hours of staff development was completed by staff.</b>

# Parenting Network Dinuba Family Resource Center

## Program Description

Parenting Network provided an array of Family Resource Center (FRC) services within the City of Dinuba. They focused on intensive case management and home visitation to link children and families to appropriate resources. The program served families with typically developing children as well as those with special needs. This FRC provides services in Dinuba. This program began service delivery March 2020. Immediately after opening the shutdown occurred. The program made several attempts to build rapport in the community. This report reflect 3 months of service delivery.

## Service Description

Services will include intensive case management, food pantry distributions, parent education, CPR/first aid training, sign language classes, parent-to-parent support groups, and referrals to health, dental, and counseling services. Families of children with special needs received assistance with the Individual Education Plan (IEP) and 504 systems with staff attending meetings with families as well as providing help to fill out paperwork.

Upon entry into the program, families identified goals and next steps to stabilize their lives.

## Finances:

Total Program Funding:	\$350,000
19/20 Budget:	\$168,652
19/20 Expended:	\$148,538
% of Budget Expended:	88%
Matched:	\$0

*No highlight was requested due to operations being new at the time of data collection.*

## Cost Benefit:

Personnel Costs:	\$76,819
Administrative:	\$24,864
Program:	\$46,855
Indirect Cost:	\$0
Cost Per Client :	\$1,747



## Population:

Parents:	41
Children 0-5:	44
Total:	85

Primary Result	Milestones
<b>G3 01,2,3.</b>  1. Increase the percentage of children whose families have adequate food in their homes and are food secure.  2: Increases the percentage of families that have access to information about services and are provided linkages to jobs, training programs, parent education, child care, substance abuse, and other resources that promote stability.  3. Provide families with targeted intensive and/ or clinical family support services, including home visiting.	Ensure linkage to a medical home . Target: 80: <b>9 Children were referred to a medical home. 0 Children were linked to services</b>  <b>1 Children were referred for well child checkup.0 Children were linked to well child checkup</b>  <b>0 Children were referred for their vaccines.0 Children were linked for their vaccines</b>  <b>47 Families referred to food pantry. 47 Linked to food pantry</b>  <b>11 Families referred to intervention services. 6 Families were linked to intervention services</b>
	Ensure linkage to a dental home Target: 125 : <b>0 Children were referred to a dental home. 0 Children were linked to a dental home</b>
	Provide case management /home visitation to families Target: 80 <b>30 Families received case management services</b>
	Home visits will be conducted. Target N/A : <b>73 Home visits</b>
	Provide respite care to families needed at the FRC. Target: n/a <b>75 Families received respite services.</b>
	Provide parent education classes. Target: 40: <b>0 Parents participated in parent education classes.</b>
	Provide number of parents that complete parent education classes. Target: 20 <b>0 Parents completed the parent education classes.</b>
<b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available .Target: N/A  <b>Staff completed 47 hours of staff development.</b>

# Parenting Network Porterville Family Resource Center

## Program Description

Parenting Network provided an array of Family Resource Center (FRC) services within the City of Porterville. They focused on intensive case management and home visitation to link children and families to appropriate resources. The program served families with typically developing children as well as those with special needs. This FRC provides services in Porterville.

## Service Description

Services included intensive case management, food pantry distributions, parent education, CPR/first aid training, sign language classes, parent-to-parent support groups, and referrals to health, dental, and counseling services. Families of children with special needs received assistance with the Individual Education Plan (IEP) and 504 systems with staff attending meetings with families as well as providing help to fill out paperwork.

Upon entry into the program, families identified goals and next steps to stabilize their lives.

## Finances:

Total Program Funding:	\$696,751
19/20 Budget:	\$232,250
19/20 Expended:	\$211,015
% of Budget Expended:	91%
Matched:	\$100,857

## Cost Benefit:

Personnel Costs:	\$179,721
Administrative:	\$20,946
Program:	\$10,348
Indirect Cost:	\$0
Cost Per Client:	\$470



*The fear of permanently losing his son due to substance abuse addiction was the prime motivator for one Project Fatherhood client to enroll in the program and complete the healthy relationship workshop. With continuing support and therapeutic services provided by the FRC over the course of a year and a half, staff witnessed the client's complete transformation—completing his drug program, acquiring healthy coping skills, closing his case with Child Welfare, obtaining a job, purchasing a vehicle and even finding the time to volunteer at the Tulare County Wellness Center to help those with similar struggles. Besides the personal motivation of this father and his wife for positive change, staff credits the agency's relationships with multiple partners in playing an important role in helping to provide them with the needed services and support.*

**SERVICE BREAKS:** No services were halted but adjustments were made in the way they could be delivered.

**SERVICE ADJUSTMENTS:** All previously provided in-person parent education, workshops, groups and "home visits" were conducted instead by Zoom, Facebook, and teleconference (for those with tech capacity), phone calls and mailings. Practical and educational resources were dropped off at people's homes, and families were contacted frequently to monitor their situation. Case managers altered their own work schedules to better accommodate families' schedules. Tablets were purchased for some families without them. The initiative the FRC launched called "No Family Left Without Care" consisted of home essential items (cleaning products, sanitizer, toilet paper), baby essential items (diapers, formula), parent-child enrichment (books, art/craft items), and food packages (vouchers, fresh produce). Because participation in some activities declined, the FRC is considering offering incentives (e.g., a chance to win art sets, fishing poles, gift cards) to increase participation.

**BARRIERS:** Some of the men in Project Fatherhood preferred to return only when there were group services again (some stated it was too challenging to try to do this from home while their children were present). The new workshop series that had been planned with a local church and inpatient facility was derailed by COVID and had to be cancelled.

## Population:

Parents:	354
Children 0-5:	310
Total:	664

Primary Result	Milestones
<b>G3 01,2,3.</b>  1. Increase the percentage of children whose families have adequate food in their homes and are food secure.  2: Increases the percentage of families that have access to information about services and are provided linkages to jobs, training programs, parent education, child care, substance abuse, and other resources that promote stability.  3. Provide families with targeted intensive and/ or clinical family support services, including home visiting.	Ensure linkage to a medical home . Target: 150: <b>280 Children were referred to a medical home. 213 Children were linked to services</b>  <b>149 Children were referred for well child checkup.124 Children were linked to well child checkup</b>  <b>124 Children were referred for their vaccines.120 Children were linked for their vaccines</b>  <b>588 Families referred to food pantry.579 Linked to food pantry</b>  <b>322 Families referred to intervention services. 359 Families were linked to intervention services</b>
	Ensure linkage to a dental home Target: 125 : <b>136 Children were referred to a dental home. 67 Children were linked to a dental home</b>  <b>148 Children were referred to a dental services. 101 Children were referred to a dental services</b>
	Provide case management /home visitation to families Target: 250  <b>240 Families received case management services</b>
	Home visits will be conducted. Target N/A : <b>1,098 Home visits</b>
	Provide respite care to families needed at the FRC. Target: 100  <b>75 Families received respite services.</b>
	Provide parent education classes. Target: 175: <b>106 Parents participated in parent education classes.</b>  <b>50 Parenting Workshops were offered</b>  <b>434 Parents have attended Parent workshops.</b>
	Provide number of parents that complete parent education classes. Target: 85  <b>63 Parents completed the parent education classes.</b>  <b>9 Completed Project Fatherhood</b>  <b>7 Fathers progressed from no contact with their children to supervised visitations</b>  <b>3 Fathers gained custody of their children</b>  <b>11 Fathers returned to become mentors</b>  <b>34 Fathers participated in workshops</b>  <b>54 Parents completed Safecare</b>
	Provider staff will participate in staff development/ trainings when available .Target: N/A  <b>Staff completed 496 hours of staff development.</b>
<b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	



# Parenting Network Visalia Family Resource Center

## Program Description

Parenting Network provided an array of family resource center services within the City of Visalia. They focused on intensive case management and home visitation to link children and families to appropriate resources. The program served families with typically developing children as well as those with special needs.

## Service Description

Services included intensive case management, food pantry distributions, parent education, CPR/first aid training, sign language classes, parent-to-parent support groups, and referrals to health, dental, and counseling services. Families of children with special needs received assistance with the Individual Education Plan (IEP) and 504 systems with staff attending meetings with families as well as providing help to fill out paperwork.

Upon entry into the program, families identified goals and next steps to stabilize their lives.

## Finances:

Total Program Funding:	\$894,259
19/20 Budget:	\$298,086
19/20 Expended:	\$272,055
% of Budget Expended:	91%
Matched:	\$108,626

*Families raising children with special needs often feel isolated and alone. Moreover, parents sometimes feel guilty for not being able to give their other children enough attention due to the amount of care needed by the child who has special needs. To honor the challenges faced by these families, the FRC sponsored Special Lives Without Limits—an event that was attended by over 1,300 people and 29 participating vendors. The goal was to provide these families with “an amazing day designed just for them.” Besides helping to raise awareness of community resources, this event included music, food, free T-shirts and other gifts made possible by generous donations such as an oven*

## Cost Benefit:

Personnel Costs:	\$233,722
Administrative:	\$29,043
Program:	\$9,290
Indirect Cost:	\$0
Cost Per Client:	\$459



**SERVICE BREAKS:** None of the programs were halted according to the grantee.

**SERVICE ADJUSTMENTS:** In-person services were changed to Zoom (for families with tech capacity), Face Time, phone calls, videos, text, mailings and, using safety precautions, through contacts on the doorsteps of people's homes. Staff also provided basic supplies like food boxes (partnered with FoodLink), children's activity kits, diapers, formula and, in partnership with TCOE and Central Valley Regional Center, safety items such as wipes, masks, gloves and cleaning supplies. Staff provided some of these items to families by leaving them on the front porch.

**BARRIERS:** The only barrier would be for families without access to Zoom and initial unfamiliarity for some with using it.

## Population:

Parents:	371
Children 0-5:	458
Total:	829

Primary Result	Milestones
<b>G3 01,2,3.</b>  1. Increase the percentage of children whose families have adequate food in their homes and are food secure.  2: Increases the percentage of families that have access to information about services and are provided linkages to jobs, training programs, parent education, child care, substance abuse, and other resources that promote stability.  3. Provide families with targeted intensive and/ or clinical family support services, including home visiting.	Ensure linkage to a medical home . Target: 250: <b>113 Children were referred to a medical home. 136 Children were linked to services</b>  <b>177 Children were referred for well child checkup. 117 Children were linked to well child checkup</b>  <b>137 Children were referred for their vaccines. 66 Children were linked for their vaccines</b>  <b>518 Families referred to food pantry. 398 Linked to food pantry</b>  <b>837Families referred to intervention service. 762Families were linked to intervention services</b>
	Ensure linkage to a dental home Target: 200  <b>184 Children were referred to a dental home. 77 Children were linked to a dental home</b>  <b>162 Children were referred to a dental services. 72 Children were referred to a dental services</b>
	Provide case management /home visitation to families Target: 250: <b>200 Families received case management services.</b>
	Home visits will be conducted. Target N/A: <b>1,033 Home visits were conducted in 2019-2020</b>
	Provide respite care to families needed at the FRC. Target: 100 : <b>87 Families received respite services.</b>
	Provide parent education classes. Target: 175  <b>128 Parents participated in parent education classes.</b>  <b>75 Parenting Workshops were offered</b>  <b>1,207 Parents have attended Parent workshops.</b>
	Provide number of parents that complete parent education classes. Target: 175  <b>61 Parents completed the parent education classes.</b>  <b>51 Completed Safecare</b>  <b>9 Completed Project Fatherhood</b>  <b>10 Fathers progressed from no contact with their children to supervised visitations</b>  <b>7 Fathers gained custody of their children</b>  <b>22 Fathers returned to become mentors</b>  <b>40 Fathers participated in workshops</b>
	Provider staff will participate in staff development/ trainings when available .Target: N/A  <b>Staff completed 338 hours of staff development.</b>

# Save the Children Early Steps to School Success

## Program Description

Save the Children's Early Steps to School Success (ESSS) program provided pre-natal educational services, educational services to children, early language development, and social and emotional development activities. The ESSS program provided services in Alpaugh, Farmersville, Pleasant View School in Poplar, Sunnyside School in Strathmore, Kings River and Tipton.

Service providers were bicultural/bilingual, and services were provided during home visits for infants along with school-based activities for toddlers and preschoolers.

## Service Description

Activities included child playgroups and storybook hours for children ages two through five; regular home visits two times per month; a book bag exchange program; child portfolios developed collaboratively with families to build knowledge and skill on the part of parents in observing, documenting, assessing, and promoting their children's early learning and literacy development; and regularly scheduled parent/child support and education groups. Pregnant women received monthly home visits. The visits focused on prenatal health and care, understanding a baby's developmental progress, helping new parents to provide an appropriate environment for their infants, and support for smoking cessation and substance abuse issues as needed, and a variety of parent education courses.

*Becoming brain builders of their young children—understanding how parents' interactions with their children contributes to brain development—is one of the important parent engagement elements of the home visiting program. During home visits and parent-child groups, staff supports parents in understanding the "why" behind activities like reading and singing with their children, explaining the brain science and showing pictures of a healthy vs. deprived brain. These visuals have been powerful teaching tools as the above client quote attests.*

## Finances:

<b>Total Program Funding:</b>	<b>\$900,000</b>
<b>19/20 Budget:</b>	<b>\$300,000</b>
<b>19/20 Expended:</b>	<b>\$300,000</b>
<b>% of Budget Expended:</b>	<b>100%</b>
<b>Matched:</b>	<b>\$300,000</b>

## Cost Benefit:

<b>Personnel Costs:</b>	<b>\$82,253</b>
<b>Administrative:</b>	<b>\$0</b>
<b>Program:</b>	<b>\$190,474</b>
<b>Indirect Cost:</b>	<b>\$27,273</b>
<b>Cost Per Client:</b>	<b>\$858</b>



**SERVICE BREAKS:** Because no home visits were possible, the assessments of various developmental measures were discontinued. Additionally, parent-child groups were suspended and the 3-5 year-olds book bag component reading frequency—dependent on preschools being open—was negatively impacted.

**SERVICE ADJUSTMENTS:** Home visitor check-ins were made by telephone, Face time/Zoom and texting with parents. ASQ assessments were done by parents over the phone with staff coaching. Parents with computers were introduced to virtual book reading website, and Zoom was used in an effort to continue offering Parent-child group meetings.

**BARRIERS:** Families without technology/internet capacity were not able to participate in some of the online opportunities provided. In some instances, especially early on, having all/many family members at home (including older siblings) during the interaction times with home visitors (HVs) was distracting and limited meaningful connections with families over the phone. An additional barrier is the inability of the HVs to observe parent-child interactions and capitalize on teachable moments. The HVs have been encouraged to ask more open-ended questions and use alternative methods such as appreciative inquiry.

## Population:

Parents:	337
Children 0-5:	362
Total:	699

Primary Result	Milestones
<b>G2 01.</b> Increase the percentage of children participating in quality preschool and other school readiness programs.	Recruit and enroll pregnant women/children into the program 0 to 5. Target: 300 <b>331 Unduplicated families in the program.</b>
	Home visits will be conducted. Target: 1,440 <b>3,351 Home visits were conducted.</b>
	Provide a book bag exchange program. Target: 180 <b>200 Children enrolled in book bag exchange program 3-5</b> <b>49,673 Number of times parents reported reading to their children. 0-3 Year olds</b> <b>38,812 Number of times parents provided book bag exchange books to 3-5 year olds.</b>
	Provide monthly parent/child groups. Target 150 <b>163 Children participated.</b> <b>163 Parents participated</b> <b>Via 68 parent child/groups</b>
	Children will be screened for developmental concerns and referred for services. Target: N/A <b>147 Children were screened via the ASQ.</b>
<b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available. Target: N/A <b>740 Hours of staff development was completed by staff.</b>

# The County of Tulare Sheriff's Department Gang Awareness Parenting Project

## Program Description

The County of Tulare Sheriff's Department's Gang Awareness Parenting Project addressed issues associated with gangs or violence and their overall impact on children ages zero through five in Northern Tulare County. *Adults and Children Together (ACT)*, an evidence-based curriculum, was used to work with inmates and their families (outmates) through a weekly home visitation model. The project provided an eight-week parenting class to identified inmates who had children ages zero through five, who were at risk to exposure to violence, and who resided in Northern Tulare County.

## Service Description

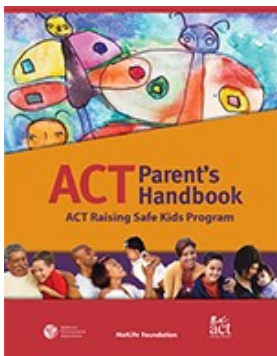
Home visits for outmates and jail visits for inmates occurred initially on a weekly basis and were adjusted as indicated by need over a six-month period. Each visit had a clear structure, set activities, and was thoroughly documented. The *ACT* curriculum was designed to help families from all backgrounds raise children without violence by providing basic information about child development; risk factors for violence and its consequences; protective factors; and skills for effective parenting. Goals and objectives were established and aligned with each inmate's release plan.

## Finances:

<b>Total Program Funding:</b>	<b>\$418,500</b>
<b>19/20 Budget:</b>	<b>\$140,052</b>
<b>19/20 Expended:</b>	<b>\$125,093</b>
<b>% of Budget Expended:</b>	<b>89%</b>
<b>Matched:</b>	<b>\$41,698</b>

## Cost Benefit:

<b>Personnel Costs:</b>	<b>\$43,198</b>
<b>Administrative:</b>	<b>\$894</b>
<b>Program:</b>	<b>\$81,001</b>
<b>Indirect Cost:</b>	<b>\$0</b>
<b>Cost Per Client :</b>	<b>\$637</b>



The continued encouragement, support, praise and creative ways staff found to continue services to the father quoted above who, though initially guarded and skeptical of the program, managed to graduate, is one reflection of this project's success. Despite various challenges (e.g., not having glasses he needed, the client could barely read the curricula materials), and being transferred from facility to facility, he stuck with the initial program; having his wife (outmate) enroll as well gave him motivation to complete the course and maintain accountability to his family. After release, staff shared how they witnessed his father during a home visit managing the challenging behaviors of his child in a calm and confident manner, applying the techniques he once questioned. The participant's success can also be attributed to the assistance he received from Family Services of Tulare upon release which included such practical items as diapers, a gift card to help with clothing needs and food baskets.

**SERVICE BREAKS:** Home visits to the outmates had to be suspended and the size of the inmate groups was reduced.

**SERVICE ADJUSTMENTS:** All services to inmates' families (the outmates) were conducted by phone, text, mailing and/or Zoom. Information packets based on the curriculum were mailed out to families at least once a month. Completed assignments were turned in via text or email. Links to various videos were also provided.

**BARRIERS:** The current challenge is the low number of program participants (due in some part to fewer inmates being sentenced and/or arrested during the pandemic) and staffing fluctuations/reductions.

# Population:

Parents:	262
Children 0-5:	N/A
Total:	262

Primary Result	Milestones
<b>G3 O4,6.</b>  4. Reduce the number of children who are abused and neglected, and exposed to other forms of violence in their homes.  6. Increase the percentage of parents and other caregivers with skills to use effective and appropriate discipline regarding their children's behavioral issues.	Staff will enroll individuals into the GAPP. Target: 120  <b>133 Inmates and outmates were enrolled into the program.</b>
	Staff will enroll individuals that do not meet standard geographic eligibility requirements to enroll into ACT, GAPP, and are female inmates. Target: 24. <b>79 Inmates were enrolled into the program.</b>
	Conduct visits with incarcerated client (Inmate): Target: 1,014  <b>1,005 Visits were made to Inmates.</b>
	Conduct visits with child's caregiver (Outmate): Target: 546  <b>200Visits were made to Outmates.</b>
	Provide ACT curriculum to inmates weekly for 8 weeks for a minimum of one hour per session, two to four weeks after enrollment. Target: 720 <b>699 Sessions of ACT curriculum were offered to Inmates.</b>
	Provide ACT curriculum to outmates weekly for 8 weeks for a minimum of one hour per session, two to four weeks after enrollment. Target: 480 <b>102 Sessions of ACT curriculum were offered to Outmates.</b>
	80% of inmates will increase their knowledge of effects of violence on their children. Target:48. <b>12% of Inmates increased their knowledge.</b>
	75% of outmates will increase their knowledge of the effects of violence on their children. Target: 30  <b>It is unclear why nearly all of the pre/post results for outmates, however, were relatively static.</b>
	60% of inmates will experience a reduction in stress related to parenting and family life. Target: 48  <b>58 Inmates reduced their stress level.</b>
	60% of outmates will experience a reduction in stress related to parenting and family life. Target: 24  <b>Although none of the changes was statistically significant, there was a slight reduction in the overall stress level of the parents from the pretest (<math>M = 33.6</math>) to the posttest (<math>M = 31.7</math>).</b>
<b>G4 O7.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available .Target: <b>Staff completed 106 hours of staff development.</b>



# United Way of Tulare County 2-1-1 Referral System

## Program Description

2-1-1 is a national social service multilingual hotline to help people find organizations that can provide a service. United Way of Tulare County is the lead agency for the local 2-1-1 program.

## Service Description

2-1-1 Tulare County is a free, confidential, 24/7 service available in multiple languages. The service is also available on the internet and mobile phone app by Intelliful. The three-digit calling number connects community members with valuable resources such as mental health, housing, utility assistance, food, and clothing. The program is also incorporating follow up calls to ensure that families are linked to services.

*"I'm very glad 2-1-1 exists. It's very easy for me to remember and to dial.*

*I'm disabled so even using a telephone is difficult for me."*

*– Grandmother in a multi-generational household*

## Finances:

Total Program Funding:	\$360,785
19/20 Budget:	\$120,182
19/20 Expended:	\$117,125
% of Budget Expended:	97%
Matched:	\$143,179

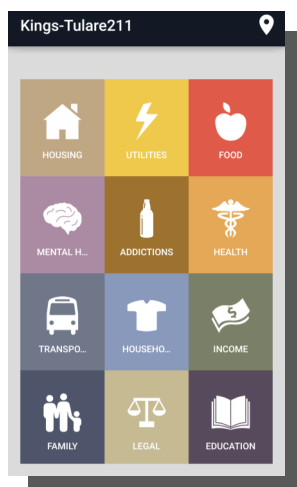
## Cost Benefit:

Personnel Costs:	\$57,021
Administrative:	\$1,956
Program:	\$47,499
Indirect Cost:	\$10,649
Cost Per Client :	\$14

**SERVICE BREAKS:** No break in services, but experiencing 4 times the amount of calls as normal.

**SERVICE ADJUSTMENTS:** United Way Staff had to adjust to working from home while keeping up with the always-changing landscape of resources to make effective client referrals. They switched to zoom for meetings, and cloud-based documents to work with one another. During the pandemic, 2-1-1 experienced 3-4 times more calls each month. One effect of implementing new call-handling procedures was to drastically reduce the amount of questions/data collection.

**BARRIERS:** The main issue was the increased financial costs associated with the large influx of callers. The agency received a substantial amount of support for the 211 program from both United Way Worldwide and United Ways of California.



## Population:

Parents:	16,839
Children 0-5:	1,962
<b>Total:</b>	<b>18,801</b>

Primary Result	Milestones
<b>G4 04.</b> Support the availability of cross-professional training to provide a comprehensive approach to child and family needs.	24/7/365 Provide a toll free information and referral access line. Target: 10,000 <b>17,724 Contacts were made via the toll free information line.</b> <b>32 Calls were regarding child development concerns.</b> <b>86 Referrals for child development concerns. 8 Follow up</b> <b>7 Follow up calls were completed for child development concerns.</b>
	Follow up calls will be provided. Target :N/A <b>213 Follow up calls were made.</b>
	Outreach at community events will occur throughout the contract term to promote the system. Target: N/A <b>86 Events were attended by United Way 2-1-1 Staff.</b>
	211 will be accessible on the internet. Target 20,000 <b>44,472 Unique hits were made to the website.</b> <b>1,174 database updates.</b> Each month indicate the number of new 2-1-1 Intelliful app downloads. <b>22,322 Services were made through 2-1-1 Intelliful app.</b> <b>1,847 Intelliful app was downloaded.</b>
<b>G4 07.</b> Increase organizations' ability to achieve program sustainability through training, technical assistance, and the ability to communicate accomplishments effectively.	Provider staff will participate in staff development/ trainings when available. Target: N/A <b>138 Hours of staff development.</b>



# First 5 Administered Programs

## Program Description

These programs were administered internally by First 5 staff:

**The Kit for New Parents** is a partnership with First 5 California. First 5 California provides each county with a specific number of kits relative to their county's birth rate. First 5 Tulare County received approximately 5,909 kits to distribute to parents of young children.

**The Special Project Grants** program was established to allow flexibility in funding one-time, smaller grants that do not rise to the level of the larger competitive projects.

**The Capital Grant** program supported existing organizations by providing one-time funding to purchase equipment with a value greater than \$5,000 per item or for building renovation or construction projects valued at \$5,000 or greater. Equipment purchases and building projects must have a useful life of at least five years.

# First 5 Tulare County Kits for New Parents

## Program Description

First 5 Tulare County distributed Kits for New Parents throughout Tulare County through partners including hospitals, pediatricians, OBGYNs, the Tulare County Office of Education, the County of Tulare Health and Human Services Agency, and First 5 Tulare County-funded providers.

## Service Description

Each Kit for New Parents contained DVDs covering such topics as bonding, communication, health, nutrition, childcare, safety inside and outside the home, discipline, children's health development, and how to communicate with caregivers. In addition to the DVDs, the Kit for New Parents also contained a book to encourage parents to read to their children, the *Parents' Guide* which linked parents to resources and services in their community, the *What to Do When Your Child Gets Sick* book, an oral health kit, and brochures and pamphlets with local resources. \*NOTE: Kits are provided by First 5 California, local First 5 staff works with local partners to ensure kits are distributed to organizations throughout the county.



Primary Result	Milestones	Outcomes**
H. Parents use appropriate parenting skills	Number of New Parent Kits Distributed in English and Spanish Target 6,000.	
	<p>The overall goal of Kits for New Parents was to provide parents with tools and resources in order to provide their children with safe environments, keep them healthy, and promote school readiness.</p> <p><u>Interpretations</u></p> <ul style="list-style-type: none"> <li>In 2019-2020, First 5 partners distributed <b>4,898 Kits to parents throughout Tulare County</b>. Of those, 3,382 (69 percent) were in English and 1,516 (31 percent) were in Spanish.</li> </ul> <p>Kits were distributed to the following partners:</p> <ul style="list-style-type: none"> <li>Hospitals</li> <li>Clinics</li> <li>County Departments</li> <li>Community-Based Organizations</li> <li>Private Practice</li> <li>Schools</li> </ul>	



## First 5 Tulare County One-Time/Capital Grants

### Program Description

The First 5 Tulare County One-Time Capital Grants program was created as a way to support projects that did not involve on-going program services. There was a need for capital grants to round out endeavors where providers had secured funding for operations from other services.

Organization*	Project Name	Received Amount
<b>Alta Vista Elementary School District</b>	<b>Preschool Playground Replacement</b>	<b>\$49,146</b>
Purchases and installation of new outdoor play equipment. 40 children will benefit from this playground replacement each year. The replacement will ensure a safe play environment.		
<b>CASA of Tulare County</b>	<b>Technology Modernization</b>	<b>\$8,682</b>
The technology modernization system will allow for more effective communication with its volunteers, stakeholders, community partners and the public. The training system will allow CASA to leverage its community partnerships to train more perspective volunteers.		
<b>Children's Museum of the Sequoias</b>	<b>Toddler Playground</b>	<b>\$29,257</b>
The project will provide a play structures outside that will be specifically designed for children under five to climb, crawl, and develop their balance skills. 10,000 children will benefit from this play structure each year		
<b>Cutler-Orosi Joint Unified School District</b>	<b>TK Playground Shading and Expansion</b>	<b>\$38,820</b>
This project will benefit 312 students each year. The renovation of the shade structure will ensure a safe environment for children to play and be protected from the elements. The classroom furnishings and electronic equipment will enhance the classroom environment and allow for the addition of 72 slots per year.		
<b>Lindsay Unified School District</b>	<b>Kennedy Prek/Playground</b>	<b>\$48,278</b>
100 three to five year old learners will benefit from this project each year. This project will ensure a safe extended outdoor education time for children; cushioning falls and preventing serious injuries while the children are playing and learning on the gross motor equipment		
<b>McDermont Venture Inc.</b>	<b>Toddler Zone</b>	<b>\$47,828</b>
14,400 children 0-5 will benefit from this new toddler area each year. The indoor recreational facility for children providing indoor play all year round. The area will incorporate activity walls throughout focused on fine motor skills, slides, ramps, climbing elements, crawl through tunnels, and stairs for gross motor skill development.		
<b>Parenting Network Inc.</b>	<b>"Raise the Roof" Renovation Project</b>	<b>\$35,588</b>
The renovation of the roof will ensure that services are provided in a safe environment to people seeking a multitude of services from the community. 3,500 children each year will benefit from this project.		
		<b>Total : \$257,599</b>



**McDermont Venture Inc.**



**Cutler Orosi Joint Unified**



**Lindsay Unified School District**



# First 5 Tulare County Special Project Grants

## Program Description

The First 5 Tulare County Special Project Grant Program funded activities, purchases, and events consistent with the Commission's Strategic Plan and which did not fall under other funding programs. Special Project Grants have variable terms depending upon the unique goals of each grant.

Organization*	Project Name	Received Amount
<b>Patricia Pullen</b>	<b>Growing Healthy Children</b>	<b>\$400</b>
Parents will experience an interactive workshop where they will learn about mealtime strategies that empower parents to make healthy lifestyle choices leading to a lifelong positive impact on the whole family.		
<b>Blanket Ladies</b>	<b>2019-2020 Project Support</b>	<b>\$9,000</b>
The grant is to purchase materials, supplies and/or equipment to be used by volunteers to make blankets, hats, bibs, etc. for young children to be distributed through the Family Resource Centers, domestic violence shelters, CASA, and other programs serving families.		
<b>Carlos Vieira Foundation</b>	<b>Autism Day BBQ, Visalia</b>	<b>\$4,500</b>
To provide families and children with Autism a safe and fun environment where they can develop and practice social and motor skills without judgement.		
<b>Parenting Network</b>	<b>Lives Without Limits</b>	<b>\$8,007</b>
To provide families, who have experienced the unique challenges of parenting a child with special needs, a day designed just for them, where they can connect with other families and services that support their child's growth.		
<b>Down Syndrome Association of California</b>	<b>Visalia's Winterfest and Resource Fair</b>	<b>\$1,500</b>
To provide families who have a child with Down Syndrome an opportunity to gain information and resources within their community, and connect with other families.		
<b>Dinuba Unified School District</b>	<b>Health and Resource Fair Character Appearance &amp; Books</b>	<b>\$995</b>
The grant is to purchase books and a character appearance to encourage early childhood education and literacy practices.		
<b>Family Services of Tulare County</b>	<b>Purple Party Fundraiser for Karen's House</b>	<b>\$5,000</b>
To sponsor the Purple Party fundraising event to benefit Karen's House, Family Services' emergency domestic violence shelter for survivors and their children fleeing abuse.		
<b>FoodLink for Tulare County</b>	<b>Food Day 2019</b>	<b>\$5,000</b>
To support FoodLink for Tulare County's Food Day 2019, which will provide the public with resources and information within their community that enhances their understanding and access to healthy, affordable food options, and to promote healthy living.		
<b>Dinuba Unified School District</b>	<b>Holiday Toy Drive</b>	<b>\$1,000</b>
The Grant is to provide resources that support the 2019 Dinuba Toy Drive.		
<b>Recovery Resources</b>	<b>"How are the Children?" Conference</b>	<b>\$3,000</b>
To sponsor the "How are the Children? Suicide, Violence, Commercialization of Cannabis and Its Impact on Parents and their Children" conference.		

\* Listed in the order they were received

<b>Organization*</b>	<b>Project Name</b>	<b>Received</b>
<b>Learning Trails Preschool</b>	<b>Learning Trails Preschool Program Support</b>	<b>\$8,898</b>
The grant is to purchase furniture and school readiness materials to provide a high quality and educational learning experience.		
<b>Visalia Rawhide</b>	<b>Rawhide Readers</b>	<b>\$1,500</b>
This program will promote early literacy and provide books to children. *This program has been extended into the 2020-2021 fiscal year due to COVID.		
<b>Altura Centers for Health</b>	<b>Reach Out and Read</b>	<b>\$14,000</b>
This program will promote early literacy and provide books to children.		
<b>Total</b>		<b>\$62,800</b>



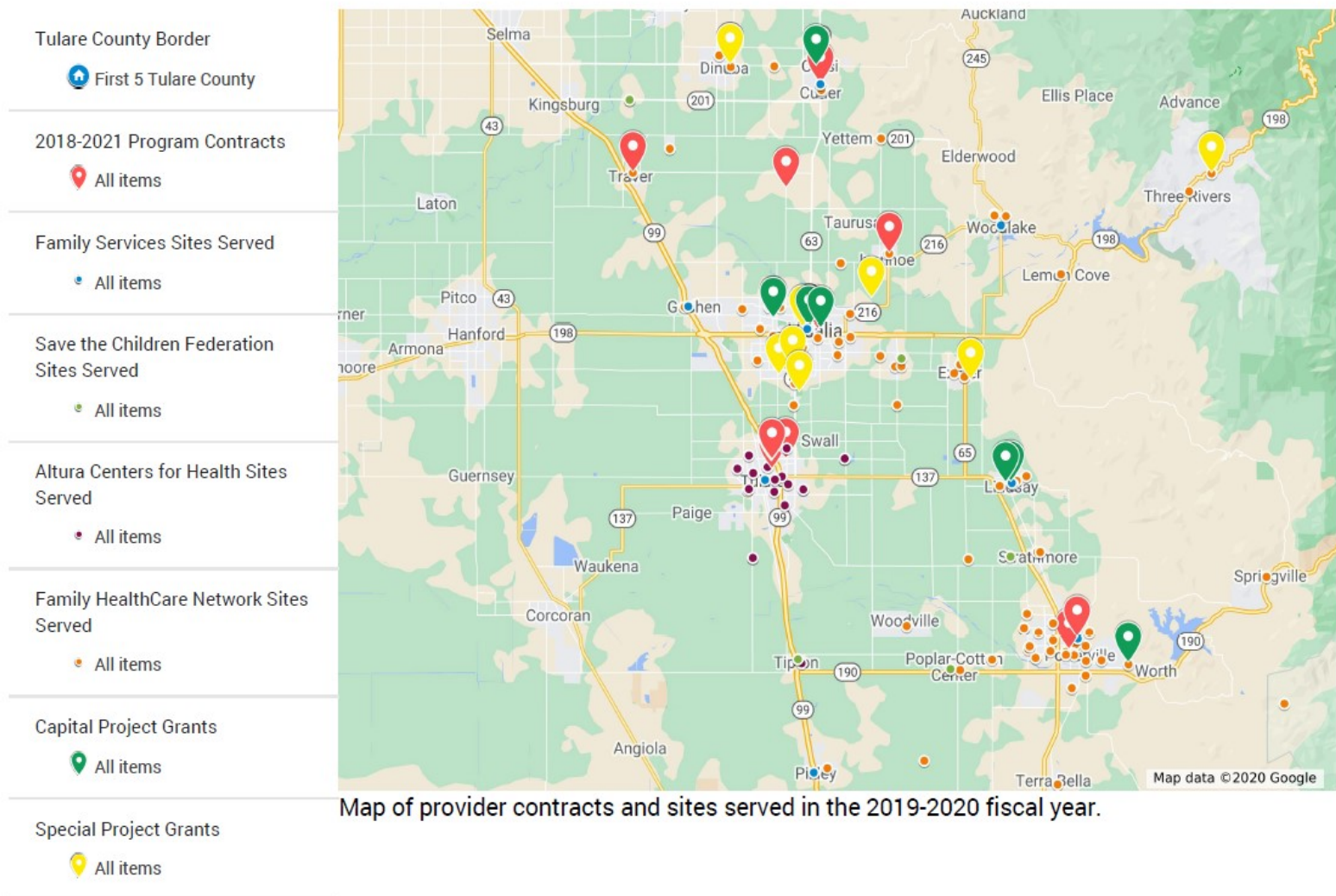


**Table 1: First 5 Tulare County**  
2019-2020 Cost per Client by Program

PROGRAM NAME	AMOUNT EXPENDED	MATCHED	CLIENTS SERVED	COST PER CLIENT
PROGRAM NAME	AMOUNT EXPENDED	MATCHED	CLIENTS SERVED	COST PER CLIENT
Altura Center for Health, Breastfeeding Friendly Clinic	54,953	18,318	1,126	65
Altura Dental	18,119	6,040	2,435	10
CASA Family Connections	83,651	82,109	154	1,076
CASA of Tulare County 0-5 Program	144,323	47,233	437	438
County of Tulare Sheriff's Department	125,093	41,698	262	637
Cutler-Orosi Joint Unified School District	276,660	92,683	1,395	265
Family HealthCare Network Kindercare	134,626	51,300	5,664	33
Family Services of Tulare County ACT	126,951	43,899	695	246
Family Services of Tulare County ECMH	231,453	117,275	155	2,250
Lindsay Unified School District Family Resource Center	225,000	137,734	687	528
Parenting Network Dinuba Family Resource Center	148,538	0	85	1,747
Parenting Network Porterville Family Resource Center	211,015	100,857	664	470
Parenting Network Visalia Family Resource Center	272,055	108,626	829	459
Save the Children Federation Inc. Early Steps to School Success	300,000	300,000	699	858
Sierra View Local Healthcare District	256,300	100,129	2,823	126
Traver Joint Elementary School Dist.	80,415	26,805	61	1,758
Tulare City School District	300,000	500,893	634	1,263
United Way 2-1-1 Resource and Referral Program	117,125	143,179	18,801	14
Visalia Unified School District Ivanhoe First 5 Program	125,601	58,634	201	917
Total	\$3,231,878.00	\$1,977,412.00	37,807	\$693



# First 5 Tulare County Map of Providers





# FIRST 5 TULARE COUNTY COMMISSIONERS

Julie Berk, Chair

Shawn Fox D.D.S

Maureen Bianco

Christine A. Nelson, M.D.

Pete Vander Poel, Chair Elect

Karen Elliott

Timothy Lutz

## FIRST 5 TULARE COUNTY STAFF

Michele Eaton, Executive Director

Aaron Cooper, CPA, Finance Manager

Susy Ceja, Executive Assistant

Christina Saucedo, MBA, Chief Program Officer

Joshua Ormonde, Program Officer

